

**BUILDING YOUR LEADERSHIP SKILLS THROUGH HUMOR/COMEDY**

*Lunch 'n Learn*

October 25, 2018, 11:30-1:15 p.m.

Timmy's Time Out, 522 Gateway Avenue, Mauston, WI 53948



**Our Learning Objectives are:**

- ◆ Provide participants with an understanding of the basic skills for humor, stand-up, and comedy
- ◆ Provide participants with an understanding of how humor can be used to foster collegiality, cooperation, team building, improved public speaking skills, and environments that are more conducive to exploring new ideas
- ◆ Provide a fun experience building collaboration and collegiality

The seminar will discuss and demonstrate how improv and standup comedy can be used in leadership roles, including team building, enhancing creativity, and having fun. Skills and techniques used in stand-up can be used for a variety of different effects, including public speaking, establishing a conducive environment, fostering personal bonds, general writing skills for effective messaging, and performativity and teaching. Improv skills that will be taught include supporting, listening and engaging people, finding agreement, and leading and learning in innovative ways. These improv skills can be used to explore one's own take on work traits, personality, and creativity.

This seminar will focus on discussion, hands-on exercises, group and paired work, and practice and feedback.

**Eric Biltonen** grew up in Virginia and holds a Ph.D. in Agriculture and Resource Economics from Colorado State University. He formerly worked as an international development consultant based in Southeast Asia, where he lived for nearly a decade. He travelled to nearly 30 different countries, consulting on water resources and infrastructure projects. His current programming focuses on strategic planning, organizational development, and business and economic development. He began exploring the use of comedy and improv in education, leadership and collegiality three years ago.



**Eric Biltonen**  
Community Resource Development Agent  
University of Wisconsin-Extension  
St. Croix County



**Jessica Bettendorf**  
Community Resource Educator  
University of Wisconsin-Extension  
Waupaca County

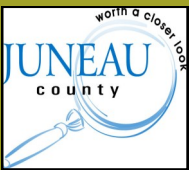
**Jessica Bettendorf** became passionate about communities while growing up as a military kid, moving frequently and living in communities of various sizes across the country. After obtaining her Bachelor of Arts in Urban and Regional Studies at the University of Wisconsin - Green Bay, she proceeded to work in just about every sector of community development – Geographic Information Systems, planning and zoning, and economic development. In 2014 she began her journey as an educator with the University of Wisconsin Cooperative Extension where she seeks to bridge her community systems experience with communications and relationship development to build social capital and local leadership for more resilient communities. Jessica is a cast member of the Oshkosh, Wisconsin-based Backlot Comedy House improv troupe.

As part of the *Lunch 'n Learn* Educational Program Series brought to you by Juneau County UW-Extension  
**RSVP by October 23, 2018 4:00 pm**  
 gary.kirking@ces.uwex.edu / 608-847-9329



Pre - registration is appreciated due to limited seating and meal planning.

**Adults \$15 - Students \$10** Includes lunch, program, and materials.  
 Make checks payable to 'Juneau County Treasurer'



- Collaborative Partners**
- University of Wisconsin Extension, Juneau County Community Development
  - Mauston Area Chamber of Commerce
  - Mauston Area Schools
  - Juneau County Economic Development Corporation