

EMOTIONAL INTELLIGENCE-BUILDING YOUR LEADERSHIP SKILLS

Lunch 'n Learn

October 24, 2019, 11:30-1:00 p.m.

Timmy's Time Out, 522 Gateway Avenue, Mauston, WI 53948



Sarah Schlosser

University of Wisconsin-Madison
Organizational and Leadership Development
Program Manager

As the Organizational and Leadership Development Program Manager, Sarah works with Extension colleagues across the state to conduct applied research and design locally relevant programs that grow the capacity of leaders and organizations to address critical issues. Sarah is responsible for overall coordination, support, resourcing and vision for the Organizational and Leadership Development Program. Sarah has 18 years of experience in the fields of community and leadership development. Most recently she served as the Leadership Wisconsin Program Manager, providing visionary leadership, direction and management to programs delivered through a partnership between University of Wisconsin-Madison's Division of Extension and Leadership Wisconsin, Inc. (a not-for-profit foundation whose mission is building a stronger Wisconsin through increased leadership capacity). Leadership Wisconsin Programs focus on connecting, cultivating and amplifying the effectiveness of leaders. Sarah was instrumental in launching the Local Government Leadership Academy, a program designed to help local government leaders enhance their leadership skills, expand their networks, and implement tools to address issues impacting local government.

Session Learning Objectives are:

- Understand what emotional intelligence is and why it is important for leadership success.
- Identify components of emotional intelligence and strategies to enhance your personal emotional intelligence.
- Identify the benefits of developing emotional intelligence skills among teams, and resources to accomplish this.

Effective leaders use more than IQ and experience to guide them. In a diverse world full of complex issues, emotional intelligence is critical for leaders. What is emotional intelligence? Simply put, emotional intelligence, sometimes called our EQ, is the use of emotional information to guide thinking and behavior. The wonderful thing about our EQ is that there are simple strategies we can implement to strengthen it and thus become more effective leaders.



Gary Kirking

Juneau County Extension
Community Resource Development Educator

As the Community Resource and Economic Development Agent for the University of Wisconsin-Madison Division of Extension in Juneau County, Kirking works with communities, organizations, and business and industry in the areas of strategic planning, economic and business development, strategic problem solving, new business startups, and other services to help them in their development and in maintaining a competitive advantage in the marketplace. Kirking coordinates the *Lunch 'n Learn* Professional Development Series, Advanced Leadership Program in Juneau County and served as the Co-Chair of the Leadership Wisconsin International Seminar as well as other educational and experiential learning opportunities. He has extensive work experience with entrepreneurs and has helped over 500 start-up companies in western Wisconsin. He has presented his work on rural development and entrepreneurship internationally as well. Kirking was recognized for his Rural Development work in 1999 for having one of the top rural development initiatives in Wisconsin by then Governor Tommy Thompson. Kirking is a certified Achieve Global facilitator, is a Dale Carnegie Graduate Assistant, and completed the full Covey 7 Habits coursework.

As part of the *Lunch 'n Learn* Educational Program Series brought to you by Juneau County Extension

RSVP by October 22, 2019 4:00 pm

glkirking@wisc.edu / 608-847-9329

Pre - registration is appreciated due to limited seating and meal planning.

Adults \$15 - Students \$10 Includes lunch, program, and materials.

Make checks payable to 'Juneau County Treasurer'



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