

Virtual Participants

2025 Juneau County 4-H Foods Revue Guidelines

Entries due March 7 at 4:00 p.m.
Completed uploaded materials due to Google Folder
March 11 at 11:59 p.m.

The 2025 Foods Revue is being hosted by Wonewoc Badgers 4-H Club.

Below is a checklist that will help you think through your participation in this virtual event...

Choose a recipe. The categories are below:

Cloverbuds (Grades 5K-2)

- Snack
- Beverage
- No Bake Dessert

Grades 3-5

- Dessert
- Salad
- Macaroni and Cheese
- Sandwich (hot or cold)

Grades 6-8

- Quick Bread or Muffin
- Slow Cooker/Electric Pressure Cooker/Air Fryer Item
- Informal Meal Item

Grades 9 and over

- Yeasted Item
- International Item
- Formal Meal Item
- Slow Cooker/Electric Pressure Cooker/Air Fryer Item
- Charcuterie Board
- Meal for Special Need (Gluten free, nut free, dairy free etc.)
- Economical Meal (must show proof of cost (receipts or store shelf price sticker photo with item, ingredient cost break down by amount used in recipe)



Link to Online
Entry Form

Enter using the online form by March 7 at 4:00 p.m. It will ask you for your name, address, email etc. and will also ask you for your recipe so be ready to provide that when you fill that out.

Entry form link:

<https://forms.gle/W5iMCfwcgUPdZHyB8>

- ❑ From that online entry, a Google folder will be created with your name on it. The folder with your name on is where you will upload all of the reflection pieces. That link will be sent to after your entry is received in the online form.

What to put into the Google Drive folder by March 11 at 11:59 p.m.

(make sure you put it into the folder with your name on it)

1. Full recipe with each step numbered
2. Photo of your prep--ingredient items etc.
3. Photos of each step of your recipe-should correspond with the way you have numbered the recipe in item #1 above
4. Photo of your completed plated item
5. Photo of you with your plated item (one portion)
6. Photo of your plated item cut in half to show the doneness
7. Photo of your completed recipe item
8. Narrative reflection sheet-make sure it is complete, take as much space as you need. May be typed.
9. For Grade 9-13 Economical Meal Entry Participants: Please provide photos of proof of cost-receipts, store shelf price sticker photo with item, ingredient cost break down by amount used in recipe)

NOTE: If any of the items above are not submitted by March 11 at 11:59 p.m., the entry will be deemed incomplete and automatically drop one placing.

- ❑ The judges will use the Reflection Document to evaluate your entry along with all of the other 8-9 pieces listed above. Please look over that sheet before you start so that you know what is expected as you go.



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