

### **Welcome to Juneau County 4-H!**

Juneau.extension.wisc.edu 608-847-9329 | april.martell@wisc.edu

**■** Juneau County 4-H

## Welcome to Juneau County 4-H!



On behalf of Juneau County 4-H Clubs and families, thank you for expressing interest and/or enrolling in Juneau County 4-H. We are super excited to welcome you to our 4-H family of 216 youth and 40 or so volunteer leaders. 4-H creates supportive environments and opportunities for youth and adults to reach their fullest potential.

As you review this welcome folder you will discover more of what Juneau County 4-H has to offer on a countywide basis for all 4-H members and Cloverbuds.

I strongly encourage you to get in touch with the general leader of your club if you've not already. The contact information for each club is in this folder. Sometimes clubs change a meeting date, location or time to accommodate a special speaker or activity so direct contact with the general leader is very important.

Family involvement is a big plus that 4-H offers and requests. The meetings, activities, and events expect household adults and members to attend together (and siblings/cousins/neighbors/friends/other adults involved with the youth). Our most successful 4-H members have supportive adults who seek out opportunities for their youth.

Most all of our countywide communications will come through the 4-H Online email system. The email sender will be "4-H Online" in your email inbox. We also use Facebook as a communication tool. You do not need to have a Facebook account to look at our Facebook page. Our Facebook page name is "Juneau County 4-H" and comes up on most search engines. Our website has many of the forms you may need to access or refer to as the year progresses (record book forms, scholarship applications, links to countywide event entries, updated county 4-H event calendar). A simple web search for Juneau County 4-H should help you find our website and you can navigate from there. This is the site: https://juneau.extension.wisc.edu/4-h-youth-development/

If you are not yet enrolled in 4-H Online, there is an enrollment guide in this folder that will help you. If you have enrolled in 4-H Online and want to add a project, there is helpful information for that in the enrollment guide. There is a spring deadline for adding projects in order to show at the fair so be cognizant of that. Enrollments for new members are accepted in 4-H Online at anytime; however enrollments need to be entered prior to the spring deadline to enjoy all the rights of being a 4-H member including showing at the county fair as a 4-H member.

Never hesitate to reach out to me with questions, ideas, or concerns as that is how the 4-H motto comes alive ... "To Make the Best Better!"

Keep on Growing in 4-H,

April & Martell

April Martell april.martell@wisc.edu

608-847-9329

The reference on the back is for you to get acquainted with the basics of 4-H. The pledge words will come in handy at your club meetings and countywide events as all meetings start with the American pledge and 4-H pledge.

## 4-H Basics

#### The 4-H Symbol

A green 4 leaf clover with a white "H" on each of its leaves.



#### The 4-Hs

HEAD

**HEART** 

**HANDS** 

**HEALTH** 

#### MOTTO

"To Make the Best Better"

#### **PLEDGE**

I pledge my head to clearer thinking, My heart to greater loyalty, My hands to larger service, And my health to better living, For my club, my community, my country and my world.

#### SLOGAN

"Learn by Doing"

#### COLORS

Green and White

Green represents springtime

White represents innocence



#### Exploring 4-H for New Families





#### Learn the Language

4-H uses terms that may be unfamiliar or used differently than what you've experienced in other places. Some of those words are explained here, but there may be some more terms you hear that aren't listed. Don't be afraid to ask your club leader if you're not sure what something means. The number next to each **bolded** word corresponds to the answer in the crossword puzzle on the opposite page.

#### 4-H words you might hear in your Club

A 4-H club¹¹ is made up of youth members³ and caring adult volunteers who meet regularly. Clubs typically conduct business, serve the community, and have fun! Clubs can also be school-based, afterschool or have a project area focus. A Cloverbud¹¹ is a 4-H member in grades K-2. All clubs have at least one adult club leader¹⁰ who works with youth leaders to guide the group. 4-H clubs often do community service² projects to make a difference in their community. Some clubs also have their members track project progress throughout the year (and their 4-H career) through a record book¹. Clubs may also encourage members to give a demonstration⁶, where they teach a project-based skill to other members.



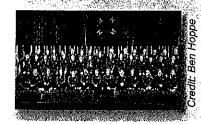


#### 4-H words you might hear across your County

County 4-H programs offer opportunities for youth such as project days, camps, and more. For many 4-H members, one of the highlights of the year is showcasing their hard work at a local **fair**<sup>17</sup>. At the fair, members enter their project as an **exhibit**<sup>8</sup>. Many counties also have a **Leaders**Organization made up of adult volunteers and youth leaders. This group provides education, raises funds, and promotes 4-H throughout the county. The organization is usually known as a Leaders Federation, Leaders Association, or Leaders Council.

#### 4-H words you might hear across Wisconsin

In 1914, the Smith-Lever Act established a partnership between the USDA and land-grant institutions. In 1890, it expanded to include historically black colleges and universities, and in 1994 added tribal colleges. This partnership is known as Cooperative Extension. In Wisconsin, Extension is a division of UW-Madison and is home to the Wisconsin 4-H program. UW-Madison employs a county 4-H educator<sup>4</sup> who leads and coordinates the county's 4-H program. Wisconsin 4-H uses the web platform, 4-H Online,<sup>9</sup> to keep in touch with 4-H members. On this website, members can also enroll in an educational experience,<sup>19</sup> which is an educational travel opportunity organized by the state 4-H office.



#### 4-H words you might hear across the country

The 4 H's are **Head**<sup>5</sup>, **Heart**<sup>14</sup>, **Hands**<sup>15</sup>, and **Health**<sup>18</sup>. These are all part of the 4-H **Pledge**, <sup>12</sup> which is usually recited at the beginning of meetings. The 4-H **Motto**<sup>13</sup>, adopted nationally, is "To Make the Best Better."



Have a minute? Please provide feedback by filling out this <u>5-question survey</u>



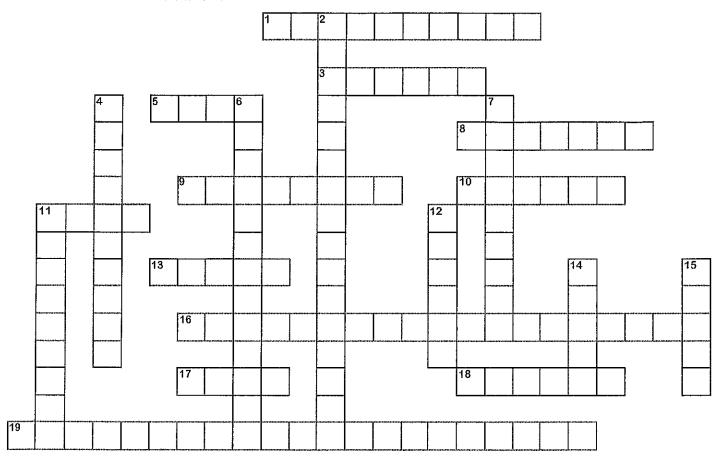


#### Exploring 4-H for New Families Member Edition



#### Common Word Crossword

4-H has a lot of words that might not get used in other places. See if you can fill in the word that matches each definition!



#### **ACROSS**

- 1. Where you keep track of all your 4-H project work in a year 2. Project or event done by 4-H members to help make the (2 words)
- 3. Any young person signed up for 4-H
- I pledge my to clearer thinking
- 8. Item you enter into the fair for judging
- 9. Website where adults sign youth up for 4-H (2 words)
- 10. Adult volunteer who helps youth in 4-H
- 11. Group of 4-H members who meet regularly to conduct business, learn about projects, do community service, and have fun
- 13. The 4-H : To Make the Best Better
- 16. Leadership group made of volunteers and youth leaders from around the county (2 words)
- 17. Event where 4-H youth may exhibit their projects
- 18. I pledge my \_\_ to better living
- 19. Travel opportunity that explores other places with

Wisconsin 4-H members (2 words)

#### **DOWN**

- community a better place (2 words)
- 4. Person who leads and coordinates the county-level program
- 6. Presentation by a 4-H member where they teach a project-based skill to other club members
- 7. System that is home to the 4-H program, established by the Smith-Lever Act (2 words)
- 11. 4-H member in grades K-2
- 12. Commitment or promise; most clubs recite this to start each meeting
- 14. I pledge my \_\_\_\_\_ to greater loyalty
- 15. I pledge my \_\_\_\_\_ to larger service

#### Stuck on a clue? That's ok! You can find the answers on the opposite page!

Exploring 4-H for New Families is developed by Heidi Vanderloop Benson, Chippewa County 4-H Program Educator and Ben Hoppe, Brown County 4-H Program Educator, UW-Madison Division of Extension.

An EEO/AA employer, University of Wisconsin-Madison Division of Extension provides equal opportunities in employment and programming, including Title VI, Title IX, the Americans with Disabilities Act (ADA) and Section 504 of the Rehabilitation Act requirements.

#### **JUNEAU COUNTY 4-H CALENDAR OF EVENTS 2024-25**



<u>Janua</u>	<u>ry 2025</u>
2	Leaders' Meeting 6 p.m.
2	Youth Ambassador Meeting 7 p.m.
County	ywide Fundraiser (Romano's Pizza)
13	Speaking & Demonstration Entries Due
19	Speaking & Demonstration Festival:
, •	12:30pm at Camp Douglas Village Hall
	Hosts: Orange Mills
25	Recognition Program w/ free movie
20	1pm Elroy Theater
oe.	(hosted by Blackhawk 4-H Club)
26	Snow Date: Speaking & Demo
	ary 2025
1	JC Fair Mandatory Livestock informational
	meeting,10am, Mauston Olson Middle School
	Auditorium
6	Leaders' Meeting 6 p.m.
6	Youth Ambassador Meeting 7 p.m.
8	Cloverbud Event 10 a.m.
	Location: Elroy Nursing Home
	Hosts: Ambassadors
9	Countywide Fundraiser forms/payment due to
_	club
16	Performing Arts Festival 1 p.m.
	Hosts: Lindina Busy Bees
23	Snow Date: Performing Arts
March	
1	5 County 4-H Camp Chaperone & Counselor
•	Applications due
6	Leaders' Meeting 6 p.m.
6	Youth Ambassador Meeting 7 p.m.
7	— ·
, 16	Foods Revue Entries due
10	Foods Revue: 1 p.m.
	Location Wonewoc School
	Host: Wonewoc Badgers
30	Countywide family event- Roller skating
	1-4pm J&M Flying Wheels, Oakdale
April 2	······································
1	College Scholarship Applications Due
3	Executive Bd. Meeting 5pm
	Leaders' Meeting 6 p.m.
3	Youth Ambassador Meeting 7 p.m.
15	5 County 4-H Camper Registration Due
25	Textile Arts Revue & Creation Event 6 p.m.
	Juneau County Board Room, Mauston
	Host: Mauston TNT
May 20	
1	Leaders' Meeting 6 p.m.
1	Youth Ambassador Meeting 7 p.m.
17	Cloverbud Event-Getting ready for fair
• •	Location: IC Editorounds

Location: JC Fairgrounds
Hosts: Cheery

**Extension Office** 

5 County Camp Counselor & Chaperone training 4:30 (sandwiches) 5-7pm training, Adams

29

June 2	025
1	5 County 4-H Camper Zoom 7-8pm
5	Leaders' Meeting 6 p.m.
5	Youth Ambassador Meeting 7 p.m.
8-11	
18-22	
30	Club Financial Year Ends: Audit begins
July 20	<u>)25</u>
1	Juneau County Fair entries: DUE
3	Leaders' Meeting 6 p.m.
3	Youth Ambassador Meeting 7 p.m.
	Kickball Even
	.10 Wisconsin State Fair
<u>Augus</u>	
	ADERS' MEETING THIS MONTH
9	Pre-Fair clean-up 8:30 a.m.
10-17	
10	Dog Show
12	Rabbit Show
11	Face to Face Judging
18	Post Fair clean-up 8am -8pm
	<u>nber 2025</u>
1	Key Award Applications Due
1	Club/Group Annual Financial Reports Due to
	Extension Office
4	Leaders' Meeting/Elections 6 p.m.
4	Executive Board Meeting follows Leaders' Mtg
11	Youth Ambassador Meeting 7 p.m.
Octobe	er 2025
Octobe 2 2	Leaders' Meeting 6 p.m.
2	
4-11	National 4-H Week
11	4-H Learning Day (pre-register by Oct. 3 @4pm)





**UW-MADISON EXTENSION** 

2024-2025 Juneau County 4-H Community Clubs Juneau County Extension Office 608-847-9329 / april.martell@wisc.edu

CLUB NAME	MEETING LOCATION	MEETING DAY/TIME	GENERAL LEADER(S)	GENERAL LEADER ADDRESS	GENERAL LEADER PHONE	GENERAL LEADER EMAIL
	Peace Presbyterian Church	2 <sup>nd</sup> Sundav	Ann Hersil	N2933 Townline Ll Rd. Mauston WI 53948	608-548-1308	annhersil@gmail.com
Blackhawk	217 Oak Street Mauston WI (lower level)	4:00 p.m.	Michelle Senzig	N2865 Cty Hwy HH Lyndon Station WI 53944	608-434-4336	senzigmichelle@yahoo.com
Cheery	Necedah Village Hall 101 Center Street Necedah WI	2 <sup>nd</sup> Sunday 3:00 p.m.	Lisa Chegwidden	N5282 Cty Rd B Mauston WI 53948	608-547-3964	kennlisa@mwt.net
Lindina Busy Bees	The Bee Hive N3396 Duffy Road Mauston WI (next to Rock Valley Cemetary) Lindina Township	2™ Sunday 12:30 p.m.	Shelly Daugs	W7071 Clark Road La Valle, WI 53941-9303	608-792-3036	shellydaugs@gmail.com
Lyndon Pioneers	TBD	TBD	TBD	TBD	TBD	ТВD
Mauston TNT	Peace Presbyterian Church 217 Oak Street Mauston WI (lower level)	1st Saturday 3:00 p.m.	Kimberly Clark	N7987 State Road 58 New Lisbon WI 53950	608-548-1537	Kmclark1035@gmail.com
Orange Mill	Hustler Village Hall 113 East Main Street Hustler WI	2 <sup>nd</sup> Sunday 1:00 p.m.	Brenda Bradley	W10581 Bell Road Camp Douglas WI 54618	608-732-5630	brendamaring@gmail.com
Wonewoc Badgers	St. Jerome Parish 528 Center Street Wonewoc WI	2 <sup>nd</sup> Sunday 3:00 p.m.	Dan Helm Donna Helm	W8349 Cty Hwy I Wonewoc WI 53968	608-548-3296	dkhelm@outlook.com
			+			

Revised September 11, 2024

All 4-H meetings and events have no religious affiliation with the spaces they sometimes occupy.

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And programming, including Title VI, Title IX, the Americans with Disabilities Act (ADA) and Section 504 of the Rehabilitation Act requirements.



**Companywide Events** 

Countywide Focus
Areas/projects

Demonstration Worksheet

**Record Books** 

4-H Online

**4-H Project Guide** 



# COUNTYWIDE EVENTS

#### County Wide Events to get involved with....

There are many County Wide Activities/Events and Projects for our 4-H members to participate in! Attached you will find examples of them (some of them are last year's guidelines etc. but it gives you an idea of the basics).

- Speaking and Demonstration Contest is generally held the 3<sup>rd</sup> Sunday of January. Entries open in December through a notice via email. Attached is an example of last year's entry and guidelines.
- Recognition Program is generally held the end of January on a Saturday afternoon. This is a time
  to celebrate all of the accomplishments of our members including first year members,
  graduating Cloverbuds, Bronze/Silver/Gold/Honorary Achievers, graduating members, Key
  Award recipients, Leader milestones, and much more!
- Performing Arts Festival is generally held the end of February on a Sunday afternoon at 1pm.
   Entries for individual talent pieces as well as club/group skits open up in January through a notice via email. Attached is an example of last year's entry and guidelines.
- Foods Revue is generally held the middle of March on a Saturday. You do not need to be a Foods Project member to enter. Attached is an example of last year's entry and guidelines.
- **Textile Arts Revue** is generally held on the 4<sup>th</sup> Friday of April. The entries can include knitting, crocheting, sewing, items made for horse riding, tie dye etc. Attached is an example of last year's entry and guidelines.
- Juneau County 4-H Leaders Association Fundraisers pay for the insurance carried on all of our members, high school senior scholarships given annually, county wide event expenses (venue/food/judges/ribbons/awards/prizes/educational materials), and educational travel opportunities.
  - Countywide Fundraiser in January/February. The fundraiser has varied through the years but has included pizzas, bulbs, shirts etc. depending on the year. Each family is asked to sell a minimum amount or take the buy out option.
  - Juneau County Fair Food Stand in August. Each family is required to work a shift in the food stand.
- Record Book Judging is an event that is held the end of October. The top record books from
  each grade group that were selected at the club level get judged by 3 different people at this
  event. A top record book in each grade level is selected using a rubric point system average. It is
  a great way to get familiar with the record book process and get ideas for your own record
  book. Adults and youth are encouraged to judge (must be able to read and add numbers).
- Cloverbud Learn Ins are held 4 times a year. Generally in November, February, March and May. If you are a Cloverbud member, you will receive an email with details for each Learn In day. (Cloverbuds are our younger members in grades 5K-2)



# Juneau County 4-H PERFORMING ARTS FESTIVAL February 16, 2025



1 p.m.-Competition

Mauston High School Auditorium ++Entry Deadline: February 7 (4:30 p.m.)++

#### **PURPOSE OF FESTIVAL**

- Experience enjoyment in creating a performance.
- Expression through art.
- Promote good sportsmanship within club and county.
- Work with others in a group.
- Gain confidence before an audience.

#### Format of Festival

- All clubs and individual entries must check in 15 minutes before the contest begins (12:45 p.m.)
- Each club must list participants with each entry submitted. If the entire club is participating, everyone's name MUST BE LISTED Do NOT indicate "entire club". First and last names please.
- A representative must stay until the end of the contest to receive the club placing.
- Groups/individuals are responsible for their own props and equipment (stage sets). Be especially careful with props that can cause problems with the building (examples: helium balloons, liquids that can spill or stain, etc.). The 4-H Leaders Association is responsible for any damage to the building.
   Please be sure to clean up if you use props that leave a mess (confetti, straw/hay, etc.).
- Clubs/individuals waiting to perform should be prepared to go on early in case of a cancellation.
- Judges will visit with and critique each group immediately following each performance. (Entire group meets with the judges).
- Introductions of each performance will be made by the Master of Ceremonies.
- Clubs and individuals are encouraged to participate in as many categories as possible.
- Cloverbuds are included.
- **NEW in 2024**—PRE-RECORDED music/sound effects: The performer or accompanying adult provides the recorded piece. Bring your own device to play it off of. Your device should be Bluetooth capable as there will for sure be a Bluetooth type speaker available.

#### Drama Guidelines (Skits & Plays):

Performance may be one member, two members, or a group.

Plays and skits can be any suitable family friendly subject matter and need not include a 4-H theme.

Skit:

Short comic performance/satirical

One act

Set up/performance/removal of props not to exceed 15 minutes total NEW--Bring a copy of script and turn in when you arrive for judges to use

Play:

More serious

One act but may have several scenes

Scene changes may be included by a blackout or some other indication to avoid

confusion. However, no curtains may be pulled.

Set up/performance/removal of props not to exceed 30 minutes total NEW--Bring copy of script and turn in when you arrive for judges to use

#### **Music Guidelines:**

Length of performance will be no less than 2 minutes each and no more than 15 minutes.

Music needs to be family friendly subject matter (words & gestures).

Clubs and individuals may enter in the following categories:

Vocal:

Any type of music

Limited dancing or action Director may be visible

NEW--Bring copy of sheet music to turn in when you arrive for judges to use

Dance:

Any type or style

Singing is optional, but judging is on dance only

Director may be visible

Instrumental: Any type of music

Director may be visible

Bring copy of sheet music to turn in when you arrive for judges to use

Novelty:

Story told in musical form with a minimum of acting

No lip sync to recording

#### **Any Other Performance Talent Not Listed**

Set up, performance, and removal of props not to exceed 15 minutes. Performance may be one member, two members, or a group. This category does not include demonstrations for how to do something. This must be a performance that entertains an audience.

#### **Audience Guidelines:**

- Audience must stay seated during performances.
- No talking during performances.
- Doors will be shut during performances, if possible. Avoid unnecessary movement during performances.
- Children must remain in the auditorium or must be accompanied by an adult or older youth when outside the auditorium.
- Row directly in front of Judges must be left vacant throughout the performances.

Entries will be received online until Feb. 7 (Fri.) at 4:30 p.m. using the following form: <a href="https://forms.gle/6uzdNVZDPkAmCoX7A">https://forms.gle/6uzdNVZDPkAmCoX7A</a>

#### The online form will ask you the following—

- ✓ Type of performance (skit, play, vocal, dance, instrumental, novelty, any other performance talent not listed)
- ✓ If you need pre-recorded music plugged into sound system
- ✓ Title of performance
- ✓ Length of performance (including set up/take down)
- ✓ Description to be read by MC
- ✓ Contact name/phone/email in case there are questions
- ✓ All performers' names



#### NOTE:

There will be an opportunity to practice on the stage at the school on Feb.14 from 4-8pm.

There is question in the online entry form for the time and duration that works best for you so be prepared to answer that when you enter. **Do NOT** contact the school directly.



#### PERFORMING ARTS Evaluation Sheet



Title of Per	formance							
Name of Group/Perf	ormer				Club			
Category:	Skit	Play	Vocal Any Other I		ance mance Tal	Instrume	ental	Novelty
•	CRITERI Vrite commo	ents in	OUTSTANDI		13	DONE		EDS VEMENT
		interpretation						
Extent to venjoyed the	which the pe e effort	rformer(s)	(F					
	of voice(s) a v(ies) so that	and audience was						
Ability to	relate to the	audience		1 Million				
*-	e use of stag	V. 19			ę.			
Clothes an appropriate	d/or appeara	ince nance						
	s only: Extended to e	ent to which ach other						
		trongest points a	and why? e performance?					
Iudge's Nar	ne							
Place <sup>,</sup>	RLITE	C.	RED	X.	VHITE.	CI.	OVERBU	D

## In-Person Participants 2025 Juneau County 4-H Foods Revue Guidelines

March 16 (Sun.)

#### **Wonewoc Center School Gym**

(101 School Rd.--also Hwy. 33, Wonewoc)

Doors open: 12:30 p.m. Judging starts: 1 p.m.

Entries due: March 7 at 4:00 p.m.

The 2025 Foods Revue is being hosted by Wonewoc Badgers 4-H Club.

Below is a checklist that will help you think through your participation for the in-person event...

☐ Choose a recipe. The categories are below:

#### Cloverbuds (Grades 5K-2)\*

- Snack
- Beverage
- No Bake Dessert

#### Grades 3-5

- Dessert
- Salad
- Macaroni and Cheese
- Sandwich (hot or cold)

#### Grades 6-8

- Quick Bread or Muffin
- Slow Cooker/Electric Pressure Cooker/Air Fryer Item
- Informal Meal Item

#### Grades 9-13

- Yeasted Item
- International Item
- Formal Meal Item
- Slow Cooker/Electric Pressure Cooker/Air Fryer Item
- Charcuterie Board
- Meal for Special Need (gluten free, nut free, etc.)
- Economical Meal (must show proof of cost (receipts or store shelf price sticker photo with item, ingredient cost break down by amount used in recipe)

#### Adult

- Soup
- Casserole
- Traditional Holiday Food
- Brunch Food Item
- Grilled Food Item



Link to Online Entry Form

□ Enter using the online entry form due March 7 at 4:00 p.m. It will ask a name, address, email etc. and will also ask you for your recipe so be reathat when you fill that out. The link to the form will also be in Foods Revu will is sent out to all youth enrolled in Juneau County 4-H.  Entry form link: <a href="https://forms.gle/KaJdthZjeqTdTemr8">https://forms.gle/KaJdthZjeqTdTemr8</a>	ady to provide
□ On March 16 (the day of Foods Revue), judging will take place at the W Center School Gym, 101 School Street (also Hwy. 33), Wonewoc.  Doors will open you at 12:30 p.m. and you must be completely ready with place setting etc. at 1:00 p.m.	
This is what you need to bring:	
<ol> <li>Tablecloth and/or placemat that coordinates with your table setting then</li> <li>Centerpiece that coordinates with your table setting theme (artificial or or one place setting - dishes, napkin, and flatware that matches your men you set this up at the event, the place setting should face the side of the judge will be sitting at. So basically, the judge will be sitting as if they we at a sit down meal ready to eat.</li> </ol>	real) nu needs. When e table that the
4. Your prepared food using the recipe you submitted in the entry process attractively (only one needs to be plated). Bring enough extras for audic after the event. These extra samples should not be at your place setting judging.	ence to sample
5. Menu card no larger than 8 ½ X 11 to go along with the prepared recipe entered. This would include side dishes, drinks, appetizer etc. These its be brought to the foods revue—only bring the prepared recipe item you the entry process. Keep in mind color combinations, texture combination combinations, repetition of same foods as you prepare your "pretend" n	ems should not submitted in ons, hot/cold
☐ Bring samples of your dish; plan enough for at least 100 very small servings the group only needs a taste. These should not be on the table when you at They are not part of your place setting.	
<ul> <li>Youth should know and be able to do on their own:</li> <li>How to set a proper table and what each item is used for in which food go in their menu belong in on My Plate (<a href="https://www.myplate.gov/">https://www.myplate.gov/</a>) +++Practive at home+++</li> </ul>	tice set up and
<ul> <li>Be familiar with all of the foods in their menu, their ingredients, and how prepared (e.g., how much vegetable is required for one serving?)</li> <li>We encourage you to identify resources such as cookbooks, nutrition books holiday books available from your local library, along with the 4-H project lite additional handouts available from your club leader or the Extension Office learn how to set an attractive table and how to make a noticeable and winni The more you know about your menu and serving, the better!</li> </ul>	s, party and erature and to help you
*For Cloverbuds (5K-2 <sup>nd</sup> Grade): You may bring your prepared recipe and spaper plate. You should have a menu card to show when you would serve to recipe. Also, you should bring either a placemat or table covering of your classical should also bring enough small samples to share after judging is complete.	this prepared

- ☐ The judge will be judging the members on:
  - knowledge and use of table settings
  - choosing and combining dishes, food, menu, color, and texture, My Plate (<a href="https://www.myplate.gov/">https://www.myplate.gov/</a>) and nutrients
  - · contestant's goals, presentation, and achievements

THERE WILL BE NO KITCHEN FACILITIES AVAILABLE FOR REFRIGERATION/HEATING/PREPPING. Food must be pre-cooked. Judges will not be waiting on food to be cooked.

#### NOTE:

Cloverbud participants (5K-2<sup>nd</sup> grade): Will have their own area to set up in and one adult can assist with set up if needed. Parents not allowed in area during interview judging.

All 3<sup>rd</sup> Grade and older participants: Adults will not be allowed in judging area during set-up and interview judging. There will be roped off section that adults will not be allowed beyond. Please pick out a recipe and place setting that your youth can manage (with practice at home) on their own without adult help.

After everyone has been judged, contestants will be allowed to sample the prepared foods.

#### **Special Focus Ingredients for 2025:**

For recipes containing Wisconsin Dairy, there will be special awards:

 Best Use of Dairy—sponsored by Juneau County Dairy Promotion Board One award for each grade grouping

This is only for our in-person participants. There is a place in the online entry form for you to let us know if you are entering a recipe with Wisconsin Dairy.



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# In-Person Participant JUNEAU COUNTY FOODS REVUE Evaluation Sheet



Name	Grade			
Category				
CATEGORIES	POSSIBLE POINTS	ACTUAL POINTS	COMMENTS	_
Menu – MyPlate Food Groups Understanding and use of food groups in entry/menu, meal is balanced, healthy choices, variety	15			
Menu – Appetite Appeal Color, presentation, appropriate serving temperature, textures, complimentary flavors	10			
Menu Card Demonstrated appropriate planning and overall knowledge of menu, format and completeness of card, neatness	5			
Table Setting Neatness and coordination of place setting, creativity, use of textures and color, appropriate for meal, table service and presentation, size, color, and design of centerpiece	30			
Food Entry Presentation and Knowledge Knowledge of preparation, correctly prepared, neatness of prepared item, presentation of food, appeal	15	·		
Judge's Interview Goals achieved, appropriate level of difficulty for experience, what was learned while preparing exhibit; appearance of participant	25			
TOTAL	100			

Place:

**BLUE** 

Dairy" Grade Group Award

"Best Use of

RED

WHITE

**CLOVERBUD** 

Recipe contains Dairy

## Virtual Participants 2025 Juneau County 4-H Foods Revue Guidelines

Entries due March 7 at 4:00 p.m. Completed uploaded materials due to Google Folder March 11 at 11:59 p.m.

The 2025 Foods Revue is being hosted by Wonewoc Badgers 4-H Club.

Below is a checklist that will help you think through your participation in this virtual event...

☐ Choose a recipe. The categories are below:

#### Cloverbuds (Grades 5K-2)

- Snack
- Beverage
- No Bake Dessert

#### Grades 3-5

- Dessert
- Salad
- Macaroni and Cheese
- Sandwich (hot or cold)

#### Grades 6-8

- Quick Bread or Muffin
- Slow Cooker/Electric Pressure Cooker/Air Fryer Item
- Informal Meal Item

#### Grades 9 and over

- Yeasted Item
- International Item
- Formal Meal Item
- Slow Cooker/Electric Pressure Cooker/Air Fryer Item
- Charcuterie Board
- Meal for Special Need (Gluten free, nut free, dairy free etc.)
- Economical Meal (must show proof of cost (receipts or store shelf price sticker photo with item, ingredient cost break down by amount used in recipe)
- ☐ Enter using the online form by March 7 at 4:00 p.m. It will ask you for your name, address, email etc. and will also ask you for your recipe so be ready to provide that when you fill that out.

Entry form link:

https://forms.gle/W5iMCfwcgUPdZHyB8



Link to Online Entry Form □ From that online entry, a Google folder will be created with your name on it.

The folder with your name on is where you will upload all of the reflection pieces. That link will be sent to after your entry is received in the online form.

What to put into the Google Drive folder by March 11 at 11:59 p.m.

(make sure you put it into the folder with your name on it)

- 1. Full recipe with each step numbered
- 2. Photo of your prep--ingredient items etc.
- 3. Photos of each step of your recipe-should correspond with the way you have numbered the recipe in item #1 above
- 4. Photo of your completed plated item
- 5. Photo of you with your plated item (one portion)
- 6. Photo of your plated item cut in half to show the doneness
- 7. Photo of your completed recipe item
- 8. Narrative reflection sheet-make sure it is complete, take as much space as you need. May be typed.
- 9. For Grade 9-13 Economical Meal Entry Participants: Please provide photos of proof of cost-receipts, store shelf price sticker photo with item, ingredient cost break down by amount used in recipe)

**NOTE:** If any of the items above are not submitted by March 11 at 11:59 p.m., the entry will be deemed incomplete and automatically drop one placing.

☐ The judges will use the Reflection Document to evaluate your entry along with all of the other 8-9 pieces listed above. Please look over that sheet before you start so that you know what is expected as you go.





# Virtual Participant JUNEAU COUNTY FOODS REVUE Evaluation Sheet



Name	Grade
Category	

CATEGORIES	POSSIBLE POINTS	ACTUAL POINTS	COMMENTS
Menu – MyPlate Food Groups Understanding and use of food groups in entry/menu, meal is balanced, healthy choices, variety	10		
Menu – Appetite Appeal Color, presentation, appropriate serving temperature, textures, complimentary flavors	10		
Prep progression, complete set of photos as outlined	25		
Table Setting Neatness and coordination of place setting, creativity, use of textures and color, appropriate for meal, table service and presentation, size, color, and design of centerpiece	25		
Narrative Reflection- Knowledge of preparation, correctly prepared, neatness of prepared item, presentation of food, appeal, goals achieved, appropriate level of difficulty for experience, what was learned while preparing exhibit; appearance of participant	30		
TOTAL	100		

Place:

BLUE

RED

WHITE

**CLOVERBUD** 

#### Narrative Reflection for Virtual Foods Revue Participants

Member Name & Age:						
Club:						
Category:						
Notes for Judge:						
If you were going to text me instructions to execute this recipe, how would you describe the process?						
Why did you choose th	is recipe? What about it inspired you?					
What, if any, struggles	did you have preparing for this project?					
What could you have done to improve your preparedness?						
What would you do dif	ferently next time you prepare this?					
When would you serve meal?	this? Is breakfast, lunch or dinner? Is it a formal or informal					

How would you describe this item to someone who has never eaten it before?
What else would you serve at this meal? (Menu)
Where on My Blate (USDA Esting Cuide), door your regine fit into 2 It might be in more
Where on My Plate (USDA Eating Guide) does your recipe fit into? It might be in more
than one. https://www.myplate.gov/
Will you make this item again? Would you recommend this recipe to a friend? Why?

#### What to put into the Google Drive folder

(make sure you put it into the folder with your name on it)

- 1. Full recipe with each step numbered
- 2. Photo of your prep--ingredient items etc.
- 3. Photos of each step of your recipe-should correspond with the way you have numbered the recipe in item #1 above
- 4. Photo of your completed plated item
- 5. Photo of you with your plated item
- 6. Photo of your plated item cut in half to show the doneness
- 7. Photo of your completed recipe item
- 8. For grades 9+, if you choose the Economical meal category include receipts or photo of store shelf price stick with item then a cost break down by amount used in recipe.
- 9. Narrative reflection sheet-make sure it is complete, take as much space as you need. May be typed.

NOTE: If any of the items above are not submitted on time, the entry will be deemed incomplete and automatically drop one placing.

## Textile Arts Revue



# Friday, April 25, 2025 Juneau County Historic Courthouse

220 E. State Street., Mauston

6:00 p.m.

(Participants must be ready to model at 6 p.m.)

#### Entries due in online form: April 18, 2025 at 4:00 p.m. https://forms.gle/R4HN2PgVGGnNNu3cA



Link to online entry form

#### **Textile Arts Revue Guidelines:**

- 1. Categories for entries will follow the Juneau County Fair book; you may enter one entry per lot number. They are also listed below and on next page.
- 2. Entries will be judged by modeling in a style show with the following guidelines:
  - a. Suitability of garment to individual, skill level and selection of color and design.
  - b. General appearance, neatness, posture and fit.
  - c. Construction to the extent that it affects the overall general appearance.
- 3. You do not need to be enrolled in designated project areas (26J, 27J, 18J) to participate in Textile Arts Revue. To receive Juneau County Fair premiums you must be enrolled in the designated project area (26J, 27J, 18J), enter item in the listed department/class/lot from the Juneau County Fair book and items must be on display during the Juneau County fair. All Textile Arts Revue entries (including Cloverbuds) must also be modeled again at a second style show at the Juneau County fair to receive premium (date and time to be determined) (you will not be re-judged at this show). Cloverbuds do not receive a premium. Cloverbuds are expected to participate in the style show at the Juneau County Fair.
- 4. You should appear at the Juneau County Fair modeling exactly as you did for the Textile Arts Revue judging. Using all of the same accessories, shoes, hair style, props, etc. This applies to Cloverbuds too.
- 6. Textile Arts Revue pieces can NOT be entered as a clothing construction entry at the Juneau County Fair. They must be entered in just the Textile Arts entry options as outlined in #3 and below. Textile Arts Revue entries need to be dropped off at the Juneau County Fair on Face To Face judging day of the Clothing Project and the clerk must be told that this is a Textile Arts Revue item and does not quality to be judged again. Entries need to be on a coat hanger (if appropriate) clean, well-pressed, and with the entry tag pinned in the upper right corner (not on the hanger).
- 7. When entering items in the Juneau County Fair, please follow the guidelines in each Department.

#### Thank you to Mauston TNT 4-H Club for hosting this event!!

NOTE:
There are non-sewing categories too!

Cloverbud (5K-2nd Grade as of Jan. 1, 2025)

Dept. 17J Class A Lot numbers:

25. Simple sewn wearable item

26. Simple knitted or crocheted wearable item

27. Simple tye dyed wearable item

Note: Items must be completed entirely by Cloverbud so please choose age/skill appropriate designs. Given the age of Cloverbuds, there will need to be intense adult guidance in completing their entry.

#### Department 26J ~ Clothing

Class E -- Beginning (1-2 years experience)

Class F --- Intermediate (3-4 years experience)

Class G --- Advanced (5+ years experience)

Lot Numbers

- 1. Blouse with buttons and collar
- 2. Casual jacket or coat
- 3. Costume: Halloween, riding, dance, theater, etc.
- 4. Outfit for best wear
- 5. Formal wear
- 6. Garment for child from 5-12 years
- 7. Garment for child under 5 years
- 8. Garment for female adult
- 9. Garment for male adult
- 10. Jumper
- 11. Jumpsuit
- 12. Lined jacket or blazer
- 13. Outfit combining different types of fabric
- 14. Pants
- 15. Recycled garment, updated, refitted, (must include before photo)
- 16. Shirt
- 17. Shorts
- 18. Simple dress
- 19. Simple top
- 20. Skirt
- 21. Skirt and top
- 22. Sleepwear
- 23. Sportswear, at least 2 pieces
- 24. Sweatshirt
- 25. Sweat suit or jogging suit
- 26. Swimwear
- 27. Unlined suit
- 28. Vest
- 29. Model a purchased complete outfit for yourself
- showing receipts with a cost under \$75.00
  - for Grades 3rd 7th
- showing receipts with cost under \$100.00
  - for Grades 8th and up
- 30. Model a purchased complete outfit for yourself from thrift / resale store, showing receipts with cost under \$35.00
- 31. Any Other Exhibit relating to this class, not listed that can be worn

#### Class D-Equestrian Attire

#### Lot Numbers:

- 1. Grooming mitt
- 2. Grooming apron
- 3. Quilted leg wrap
- 4. Western pad
- 5. English pad
- 6. Cooling sheet or horse blanket
- 7. Carrying bag for riding boots
- 8. Equitation scarf
- 9. Mane tamer
- 10. Any style shirt exhibitor would wear for a horse show
- 11. Any style pants exhibitor would wear for a horse show
- 12. Halter cover
- 13. Riding chaps
- 14. Any Other Exhibit relating to this class, not listed that can be worn

#### <u>NOTE:</u> This list is from the most recent published (2024) available Juneau County Fair Book. Lot numbers will likely not change.

#### Department 27J ~ Knitting & Crocheting

#### Class F---

#### Knitting

#### (1-2 years experience)

#### Lot Numbers:

- 1. Slippers
- 2. Hat
- 3. Mittens, 2 needles
- 4. Scarf or Cowl
- 5. Any other item that can be worn relating to this class

#### (3-4 years experience)

- 6. Hat, using 2 or more colors
- 7. Scarf or cowl, using 2 or more colors
- 8. Simple sweater or vest
- 9. Any garment, made on circular needles
- 10. Cardigan or pullover sweater
- 11. Vest
- 12. Baby set (2 or 3 items)
- 13. Slippers, using 2 or more colors
- 14. Seamless mittens (not 2 needles)
- 15. Any other item that can be worn relating to this class

#### (5 + years experience)

- 16. Infant sweater set, 3 items
- 17. Item using 3 or more colors of yarn
- 18. Garment using advanced techniques
- Garment with mixed colored yarn using mixed carrying yarn or mixed bobbin yarn
- 20. Cardigan/sweater
- 21. Vest
- 22. Any other item that can be worn relating to this class

#### Crocheting

#### (1-2 years experience)

- 23. Slippers
- 24. Mittens
- 25. Hat
- 26. Any other item that can be worn relating to this class

#### (3 or more years experience)

- 27. Slippers, using 2 or more colors
- 28. Hat using 2 or more colors
- 29. Scarf, using 2 or more colors
- 30. Simple sweater or vest
- 31. Gloves
- 32. Infant sweater set, 3 pieces
- 33. Garment using advanced technique
- 34. Any other item that can be worn relating to this class

#### Department 18J ~ Cultural Arts

#### Class Y--

#### Lot Numbers:

Grades (determined as of Jan. 1 of this year)

3-5	6-8	9 & սլ

#### Creative Arts

1	21	<b>4</b> 1	Garment using stenciling
2	22	42	Embellished Fabric Garment (appliqued, painted, etc.)
3	23	43	Any other item that can be worn relating to
			this class

#### Fibers/Hand Dyed Articles

4	24	44	Tie-Dyed article for wear
5	25	45	Block print item on fabric clothing
6	26	46	Fabric item with original painted design on wearable item
7	27	47	Silk screen on fabric garment
8	28	48	Batik item (painting on design with hot wax and then dyeing article) that can be worn
9	29	49	Felted Garment
1 <b>0</b>	30	50	Hand-dyed article that can be worn
11	31	51	Any other item that can be worn relating to

this class



## 4-H Textile Arts Revue Evaluation Sheet



	1	ears in	Project	:Ag	eGrade
Circle Department: Cloverbud 26J	27 J 18J	Cla	ass	Lot	<u></u>
Youth Provided Garment Description with	h entry	○ Yes	s ()1	Ño	
	Excellent 5	Good 3	Fair 1	Needs Improvement	Comments
Communication of Project					)
Introduces self appropriately with confidence					
Speaks articulately					
Demonstrates engagement with project					
Demonstrates knowledge of project			7	<b>A</b>	
Attitude:			18 min		
<ul> <li>Response to judge's questions</li> <li>Response to other contestants</li> </ul>					
Maintains presence (self-confidence, posture, professionalism)	A SON		jan ne		
Demonstrates appropriate non-verbal cues	VV	1	130	I	
Appearance of Outfit/Garment	Kill .				
Fit of garment/outfit (how it hangs, body type, etc.)	100				
Appropriateness (age of participant, textile medium selected, undergarments, body shape,			7	)	
compliments wearer)	1 m				
compliments wearer)  Care of garment (clean, pressed, neat)			Sept.		
Care of garment (clean, pressed, neat) Creativity					
Care of garment (clean, pressed, neat)  Creativity  Finished Look Overall					
Care of garment (clean, pressed, neat) Creativity Finished Look Overall Accessories		\(\frac{1}{2}\)			
Care of garment (clean, pressed, neat) Creativity Finished Look Overall Accessories Sense of Style					
Care of garment (clean, pressed, neat) Creativity Finished Look Overall Accessories					
Care of garment (clean, pressed, neat) Creativity Finished Look Overall Accessories Sense of Style					
Care of garment (clean, pressed, neat) Creativity Finished Look Overall Accessories Sense of Style Garment Quality/Workmanship Presentation/Poise Movement (posture, walk, fluidity, pivofs/turns,					
Care of garment (clean, pressed, neat) Creativity Finished Look Overall Accessories Sense of Style Garment Quality/Workmanship Presentation/Poise					
Care of garment (clean, pressed, neat) Creativity Finished Look Overall Accessories Sense of Style Garment Quality/Workmanship Presentation/Poise Movement (posture, walk, fluidity, pivors/turns, gestures, models garment's purpose)					
Care of garment (clean, pressed, neat)  Creativity  Finished Look Overall  Accessories  Sense of Style  Garment Quality/Workmanship  Presentation/Poise  Movement (posture, walk, fluidity, pivots/turns, gestures, models garment's purpose)  Personal Grooming  Creativity (use of space, chosen movements)  Self-Confidence/Enthusiasm					
Care of garment (clean, pressed, neat) Creativity Finished Look Overall Accessories Sense of Style Garment Quality/Workmanship  Presentation/Poise  Movement (posture, walk, fluidity, pivots/turns, gestures, models garment's purpose) Personal Grooming Creativity (use of space, chosen movements)					

1 2

Cloverbud

Placing:

2/2023

# COUNTYWIDE FOCUS AREAS/ PROJECTS

# Countywide 4-H Focus Areas/Projects that are actively doing trainings or having meetings...

NOTE: Because we are a smaller county, we have more project focused educational opportunities that happen on a countywide basis rather than at the club level.

By enrolling in 4-H Online in these specific projects, you will receive the email notifications when event/educational opportunities are happening.

 Archery (Shooting Sports)- meets in the summer months for practice shoots and the fair shoot.

Erin and Chris Lund serve as the head project leaders.

Connect with them for more information: 608-548-1921

Check our Juneau County 4-H Facebook page for alerts about archery too.

 Dog-starts meeting twice a week in April until mid-August. Starts in April with dog obedience then advances to include showmanship. In July, agility course training is added.
 Connect with Colleen Schroeder at 608-853-0754 or Kimberly Clark at 608-548-1537 for more information.

Follow the Facebook page "Juneau County Dog Obedience"

 Horse and Pony Project meets for educational clinics as group desires. See attached flier for more information.

Follow the Facebook page "Juneau County 4-H Horse & Pony Project"

 Juneau County Youth Livestock Association is a chartered group through 4-H that meets monthly. Includes swine, sheep, goat, and beef projects. Scott Firlus is the group's president— 608-547-5954

Follow the Facebook page "Juneau County Youth Livestock Association"

- Juneau County 4-H Youth Ambassadors is currently in need of leadership. If you are interested, please contact April Martell.
- Juneau County 4-H Leaders Association meets the first Thursday of the month. See attached flier. This group facilitates the organization of many countywide events. Everyone is encouraged to attend. The general leader for each club is represented or they may ask you to represent your club at this meeting.



For more details or updated contacts call: April Martell at 608-847-9329 or email <a href="mailto:april.martell@wisc.edu">april.martell@wisc.edu</a>

# Everyone is welcome! Juneau County 4-H Leaders Association Meeting

1st Thursdays
6 p.m.
In-Person
Peace Presbyterian Church
(brown brick building on corner of Division St and Oak St))
217 Oak St.
Mauston

President: Donna Helm Vice President: Lisa Chegwidden Treasurer: Michelle Senzig Secretary: Annette Wolf



4-H meetings and events do not have any religious affiliation with the spaces they sometimes occupy.

An EEO/AA employer, University of Wisconsin-Madison Division of Extension provides equal opportunities in employment and programming, I
Title VI, Title IX, the Americans with Disabilities Act (ADA) and Section 504 of the Rehabilitation Act
requirements.

JUNEAU COUNTY 4-H



# BECOME AN A AMBASSADOR



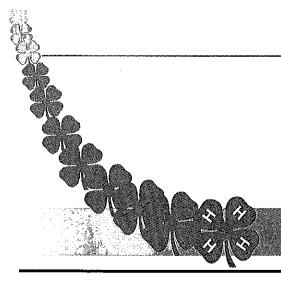
JOIN US FOR A FUN MEETING TO HELP OUR COMMUNITY AND YOUTH 4-H MEMBERS

FUN. PLAN. INVOLVED.

Peace Presbyterian Church - Mauston, WI
FIRST THURSDAY OF EVERY MONTH FOLLOWING LEADERS MEETING AT 7:00PM



# DEMONSTRATION WORKSHEET



# **Demonstration Worksheet**

Missouri 4-H Youth Development Programs

4-H demonstrations are a way of showing others what you have learned in your 4-H projects and activities. If you have shown someone how to peel a carrot, take a picture, or groom a dog, you have given a demonstration. In 4-H demonstrations, there are five main parts: introduction, steps (or body), summary, questions, and conclusion. For more information on demonstrations, refer to Missouri 4-H guide Y 744, Let's Demonstrate. This worksheet is designed to help you write out a plan for your 4-H demonstration.

#### Introduction

Have all your materials and work area set up before you begin speaking. You may want to start your presentation with an attention-getter before introducing yourself. Some examples are:

#### For an arts and crafts demonstration –

"Are you all tied up in knots? Well, you came to the right place; today I'll show you how to use those knots to create wonderful plant hangers. Hi, my name is..."

#### For child development demonstrations –

"How would you like to sleep with a skunk tonight?

I'm \_\_\_\_\_ and I'm going



to show you how to make a cuddly stuffed toy that you can sleep with tonight."

#### **Body of demonstration**

Be sure to look at your audience while demonstrating. Speak slowly.

This helps the audience to understand you and gives you time to think ahead. Be sure to speak loudly enough to be heard in the back of the room. You might ask a friend to sit toward the back and signal if they can't hear.

Sometimes people have nervous habits that show up during the demonstration. These include putting your hands in your pockets, brushing back your hair, or swaying from side to side. Try to be aware of these actions and eliminate them. It's especially important in food demonstrations that your hair be fastened back out of your face.

Have extra things to say. It's important to avoid long silent spells. For example, if you're giving a demonstration on banana bread, be

prepared with extra facts about the nutritional value of bananas, special ways to serve the dish, or safety factors to consider when using an electric mixer. Use your project books, leaders, and other resources to collect facts to share with the audience.

#### **Summary**

Use this time to tie everything together and to review the main steps in your demonstration. Don't repeat everything; just cover the big areas. A poster may be helpful.

#### Questions

Answer any questions the best you can. Don't be embarrassed if you don't know the answer to a question. Simply say, "I don't know, but I'll try to find out the answer for you." Know the sources of information for your demonstration in case someone asks for additional details.

#### Conclusion

Thank the audience for listening to your demonstration.

#### **4-H Demonstration Worksheet**

I. Introduction		
My name is	and I am	years old
I am a member of the	4-H Club.	
I have been a 4-H member for		
My 4-H projects this year are:	11 11 11 11 11 11 11 11 11 11 11 11 11	
	ı is:	
I have selected this topic because:		
For this demonstration, I will need the	following items:	
supplies, materials, or special tools you will	the ingredients needed and quantities. For other kinds of use. You may want to use a poster to list the ingredients	•
II. Steps (or Body) — Explain what y  1		
3	- 44	
4		
want to use another poster that lists the	<del>-</del>	·
2	· · ·	
3.		<del></del>
4.		
IV. Questions — Ask, "Are there any	questions?"	
V. Conclusion — After the questions Thank you."	say, "If there are no more questions, this conclude	s my demonstration.

# RECORD BOOKS



#### JUNEAU COUNTY 4-H RECORD BOOK INSTRUCTIONS AND RULES



All Juneau County 4-H members are encouraged to keep a Record Book of activities and projects they have participated in throughout the year. This Record Book helps a member track participation points, qualify for awards, and serves as proof of a member's good standing for trips and scholarships. Record Books are turned in to general leaders where they will be judged on the club and county level. The following instructions and rules were designed to help you develop your Record Book and these rules will be used for judging.

u	This bind		t is no more than 2" wide and can be any color.  and supporting materials. Use of plastic sheet
	~	2	e have traditionally required. They are no longer
		<del></del>	nation they contained is repeated in the other
		ents so why duplicate!	
	-	* *	nsion website under 4-H/Forms and Applications
			. We are working on getting them into a Google
			on our Juneau County Extension website.
		neau.extension.wisc.edu/4-h-youth	· · · · · · · · · · · · · · · · · · ·
		cord Book needs to include the follower	* **
	0	Table of Contents	<i>8</i>
	0	Member Introduction Page	
	0	Activity Summary	
		Projects I've Carried	
		My 4-H Year in Review	
		Project Pages-some projects have sp	
	0		ject pages they align with (Ex. Cultural Arts photos
		should follow your Cultural Arts pro	
		Photos of other county/club activitie	typed but they must be your own work.
_			ndwriting, do your best to make sure everyone can
	read it.	er, neamess counts so if you are na	ndwriting, do your best to make sure everyone can
		e designed so that you can complet	e them as the year progresses. Complete the top
_			the middle during the year, and the last questions
	~ ~		ou want and print clean pages for your final
	submission		od want and print crean pages for your imai
			question on the back of the forms can be hard to
			what you learned in 4-H. There are eleven life
	***	= · ·	ducational priority for its members. Try to see if
		ncorporate the following life skills	<u> </u>
	•	-	•
		lying science and technology municating with others	Mental and physical health Planning and organizing
		sion making	Problem solving
		eloning self	Relating to change

Relating to others

Leading self and others

Learning to learn

	Complete all of the blanks in the forms. If you can't complete a section, explain why. For
<u> </u>	example, if you had no expenses to record in your expense section, write "No expenses."
	Let your parents, leaders, and other members help you with proofreading and generating
	ideas to better explain yourself. It will help you learn to communicate with others better!
	Feel free to add some creativity to your book. Ribbons, pictures, and programs are
	allowed. It's your book! Just make sure that you save time to complete the forms!
	The Record Book Evaluation and Rating Sheet is the official form used to judge each
	record book. The order of your Record Book should follow the judges sheet:
	<ul> <li>Table of Contents (this page is your original design and includes page numbers)</li> </ul>
	Member Introduction Page
	<ul> <li>Activity Summary</li> </ul>
	o Projects I've Carried
	o My 4-H Year in Review
	<ul> <li>Project Forms with photos/momentos from that project following its project form</li> </ul>
_	Photos/momentos from other county/club events you participated in
	Do not forget to fill in all signature lines (parent and member signatures).
Ц	Project Forms do not need to be filled out for every project that a member participates in.
	However, if a member is applying for a project disk then a project form must be completed
	for the member to receive a disk in that project area.
	There is no limit to how much supporting materials (pictures, ribbons, programs,
	newspaper articles, etc.) can be included just as long as the entire Record Book does not
	exceed what a 2" binder can reasonably hold.
	Remember to request project disk(s) on the member introduction page. Disks can be earned
	for projects and/or county/state events you have participated in. Disks can on only be
	earned if project forms or supporting event materials are included within the record book.
	Record books need to be turned into Club General Leaders. Each club can set their own
	deadline for when record books are due. After books are judged at the club level, top books
	must be submitted to the UW-Extension Office by October 15th.
	General Leaders: Please remove club judging sheets before submitting Record Books to the
	Extension office. Only submit quality record books that can compete for top placing on the
	county level. Incomplete record books will not be considered for top placing.
	QUICK CHECKLIST:
	✓ Binder (no larger than 2" width)

- ✓ Table of Contents with page numbers
- ✓ Member Introduction Page
- ✓ Activity Summary Pages
- ✓ Projects I've Carried
- ✓ My 4-H Year in Review
- ✓ Project Forms

- ✓ Club Participation
   ✓ County Participation
   ✓ ALL Signature lines are filled in
- ✓ Neatness counts-a lot!
- ✓ Turn in to General Leader by club due date

Office Use

#### **Record Book Evaluation and Rating Sheet**

Member Name:	

Poor	Good	Best	Score	Comments
Table of Contents	Complete - but	Complete – Accurate	· · ·	
None, Incomplete	material not correct or	and neat.		
	neat.			
0 -1 Points	2-3 Points	4-5 Points		
Member	Have one – but no	Complete – Accurate		
Introduction Page	picture.	and neat.		
None, Incomplete				
0-1 Points	2-3 Points	4-5 Points		
Activity Summary	Some club and county	Completely filled out		
Incomplete	activities noted	for all years in 4-H.		
0-1 Points	2-3 Points	4-5 Points		
Projects I've	Some projects listed	Completely filled out		
Carried	2-3 Points	for all years in 4-H		
Incomplete		4-5 Points		
0-1 Points				
My 4-H Year in	Somewhat complete –	Completely filled out		
Review**This can	doesn't show all the	for this year -shows		
be this form or as a	activities, demos, and	member's		
list of activities on a	offices.	involvement.		
separate sheet of	2-3 Points	4-5 Points		
paper.				
Incomplete				
0-1 Points			The third NEWS 1.3. Con	
			rawings	and contain the items
Project Forms:	gray line and the nex	u gray ime.	140,400,0049 	
Goals(at least two	Goals listed but not	Complete—Goals		
goals)	explained	listed and explained		
Incomplete	2-3 Points	4-5 Points		
0-1 Points	20,0,,,,	1010		
Project Forms:	Some financial	Complete—financial		
Financial Records	information provided	expenses/profit		
Missing /Incomplete	•	listed.		
0-1 Points	2-3 Points	4-5 Points		
Parent/Guardian	Some but not for	Signed throughout		
Signatures	every financial	book		
None	agreement/ intro page.			
0 Points	1-3 Points	4-5 Points		
Project Content				
Participation	Some Project	Very involved in		
Little or No Work	Participation	Projects and Exhibits		
0-1 Points	2-3 Points	4-5 Points		
Project Learning	Some New Project	Lots of Knowledge		
Shows little gain of	Information Gained	and Application of	-	
knowledge	2-3 Points	Project Facts		
0-1 Points		4-5 Points		
			J	<u> </u>

Office	Use
--------	-----

# **Record Book Evaluation and Rating Sheet**

Member Name:		

Poor	Good	Best	Score	Comments
Project Worth Members sees little value in this project 0-1 Points	Member sees some value in his/her project work 2-3 Points	Sees great value in this project and would suggest it to a friend		
Photos or Drawings of Exhibits Few or no exhibits displayed 0-1 Points	Some Project Work and Successes Displayed  2-3 Points	Complete—Accurate and neat. Includes member's exhibits and "Aha" moments.  4-5 Points		
Neatness & Completeness – Based on age of member, Complete sentences. Clean pages, spelling and grammar 0-5 Points	Quite neat, few grammar errors. 6-12 Points	Neat, accurate, quality work for age of member. 13-15 Points		
Activities Additional pages showing participation in monthly meetings, recreation, community service, county events, etc. Incomplete 0-2 Points	Some photos and activities displayed.  3-7 Points	CompletePhotos and captions that explain the member's yearly activities.  8-10 Points		
Overall Presentation, 2" binder Incomplete, quickly finished, binder larger than 2", not in order of evaluation sheet 0-5 Points	Some effort exhibited, some pages not in order of this evaluation sheet  6-12 Points	Creative, colorful and appealing, 2" or smaller binder, book follows order of this evaluation sheet  13-15 Points		

TOTAL: /100



# 4-H Online 2.0 Family Enrollment Guide

Updated 2023

Whether you are a new or returning family\*, this guide will help you through enrolling in Wisconsin 4-H. Please read this page for a summary of the steps needed to enroll.

If you are a new family, start with Creating a New 4-H Online Account on page 3. After you create your login account, you will be prompted to Add a New Member to the Family right away. To add additional family members, click on the Add Member button on your family member list screen.

If you are a returning family, start with Logging in to an Existing 4-H Online Account on page 2. To re-enroll any existing adult or youth member, click on the *Enroll Now* link for the member on your family member list screen. Instructions for re-enrolling a youth start on page 7 and instructions for adults on page 11.

\* Family can be a household or a recognized outside group (classroom, partner organization, etc.).

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Adult Volunteer Enrollment	11
Volunteer Screening	14
Volunteer Training	15
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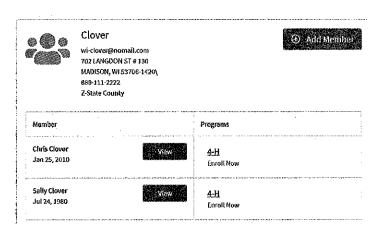
# Logging in to an Existing 4-H Online Account

- 1. If you have an account in 4-H Online, go to <a href="http://wi.4honline.com">http://wi.4honline.com</a>.
- 2. Enter your email address and password.
- 3. Click Sign-In

If you have forgotten your password, click "Reset Password?" to receive an email with a link to set a new password.



- 4. You will be at the Family Member List Screen.
- 5. To re-enroll a youth member, click on Enroll Now and skip to Youth Member Enrollment on page 7.
- 6. To re-enroll an Adult member, click on Enroll Now and skip to Adult Enrollment on page 11.
- 7. To add a new youth or adult member, click on the Add Member button and skip to Adding a New Member to the Family on page 5.



# Creating a New 4-H Online Account

- 1. Go to http://wi.4honline.com.
- 2. Click "Don't have an account?" if you have never enrolled in 4-H before using 4-H Online.

NOTE: If you had an account in 4-H Online before, start at Logging in to an Existing 4-H Online Account on page 2.





3. Select Wisconsin from the drop-down menu and then select Wisconsin 4-H Youth Development.

4. Choose your county from the drop-down menu.

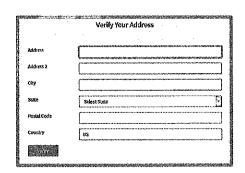


- 5. Complete your family's information
- 6. Click the Create Account button



- 7. Enter your family's address information.
- 8. Click the Verify button.

NOTE: The verification process may require you to select an appropriate USPS format.



If you create a new account and an existing account is found, click the Confirm button and continue to Logging in with an Existing 4-H Online Account on page 2.



# Adding a New Member to the Family

- 1. Click on 4-H.
- 2. Click the Next button.

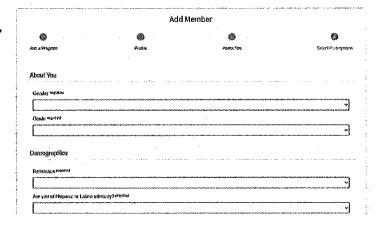


- 3. Enter the member's information.
- 4. Click the Next button.

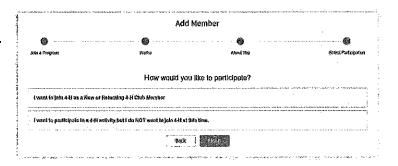
NOTE: fields marked with a red *required* are required fields and must be completed.



- Complete the "About You",
   "Demographics", and "Emergency Contact" sections with the requested information.
- 6. Click the Next button.



- 7. Select your method of participation. If you intend to enroll in a club, select the New or Returning Member or Volunteer. If you just want to register for an event, select to participate but NOT join 4-H at this time.
- 8. Click the Finish button.

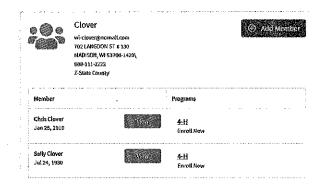


If you have selected that you will be participating as a New or Returning 4-H Club Member, continue to step 3 of Youth Member Enrollment on the next page.

If you are participating as an Adult Volunteer, continue to the Adult Volunteer Enrollment on page 11.

If you have selected that you will be participating, but not as a Club Member or Volunteer, your record is complete. You may register for events that are available to participants.

If you would like to enroll as a Club Member or Volunteer at any time, click "Enroll Now" from the Member List and continue to Youth Member Enrollment or Adult Volunteer Enrollment

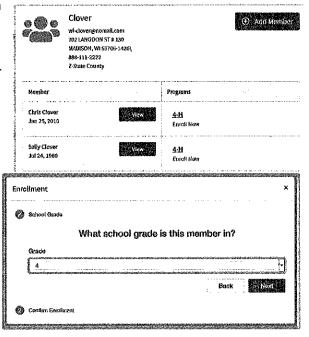


# Youth Member Enrollment

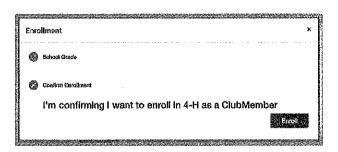
If you are returning to 4-H, your member record will be listed on the family Member List. Click "Enroll Now".

If you are a new member and your name is not yet listed, click "Add Member" and follow the steps for "Adding a New Member to the Family" on page 5, then continue to Step 1 below.

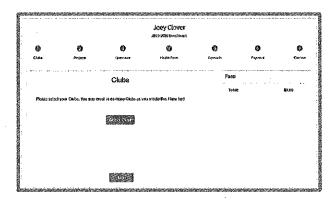
1. Select the member's Grade and click Next.



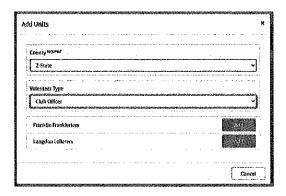
2. Select to Confirm that you would like to enroll as a Club Member



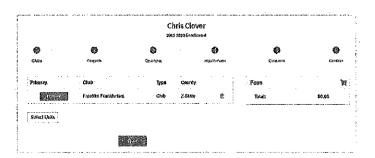
3. Click the Select Clubs button

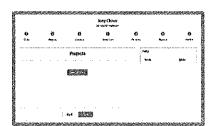


- 4. If you are a club officer, select that from the Volunteer Type box.
- 5. Click Add next to the Club you would like to join.
- 6. Repeat steps 3-5 to add all of the Clubs in which you would like to participate.

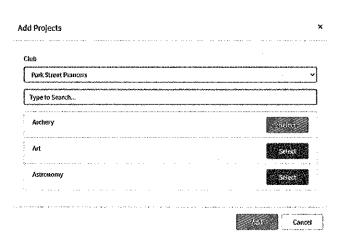


- If you have enrolled in more than one club, be sure the Primary club is marked correctly.
   If not, click the Change to Primary button to mark a different Club as your Primary Club
- 8. Click the trash can icon to remove a Club from the list.
- 9. Once all of your Clubs are added, click Next at the bottom of the screen.
- 10. Click Select Projects

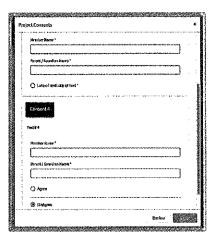




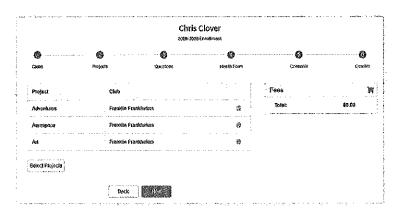
- 11. Select the Club with which you want your project to be associated
- 12. Scroll until you find the Project that you will be enrolling in. Use the Project Filter to search the list
- 13. Click the Add button next to the project you want to add to the member's enrollment
- 14. If you are a youth leader in the project, select that from the Youth Volunteer Type dropdown box.
- 15. Click the Add button.
- 16. Repeat steps 10-15 for each project in which you would like to participate.



NOTE: Some projects may have Consents that are required in order to participate. You will be prompted to enter the required signatures and accept the Consents after you click "Add".

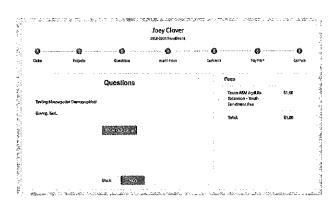


- 17. Click the trash can icon to remove any projects.
- 18. Click the Next button once all the member's projects have been added.



- 19. Click "Show Questions.
- 20. Complete the enrollment questions. Some of the questions will be completed for you based on what you entered when you created your record.

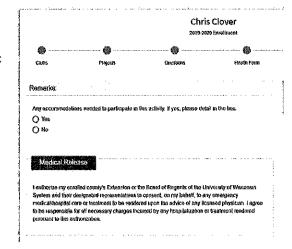
NOTE: Any questions with a red required are required.



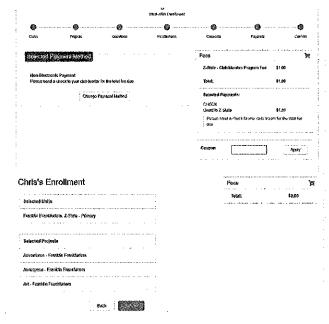
21. Click the Next button at the bottom of the screen when you are finished.



- 22. Click "Show Health Form".
- 23. During enrollment, you will be asked to complete the basic Health form fields and Consents.
- 24. Click the Next button at the bottom of the screen when you are done.



- 25. Click on "Show Consents".
- 26. Complete any Consents required.
- 27. Click the Next button at the bottom of the page when you are finished.
- 28. Click on Next.
- 29. Review the enrollment information.
- 30. Once you have verified that the clubs and projects are listed correctly, click the Submit button.



Chris Clover

Jan 25, 2010

Congratulations, your enrollment is complete!

You will receive an email to let you know your enrollment has been submitted. You will receive another email when your County Extension office has approved your enrollment. You may view the enrollment status on the Member List.

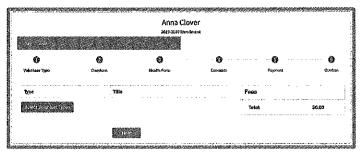
4-H ClubMember - Awalting Review Enrollment Submitted

# Adult Volunteer Enrollment

If you are returning to 4-H, your Volunteer record will be listed on the family Member List. Click "Enroll Now" under the Program in which you would like to enroll.

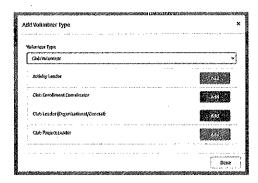
If you are a new volunteer and your name is not yet listed, click "Add Member" and follow the steps for "Adding a New Member to the Family" on page 5, then continue to Step 1 below.

 Click Select Volunteer Types to indicate how you are planning to participate in the program throughout the year.
 At least one Volunteer Type is required during the enrollment process. You may add additional Volunteer Types later, if needed.

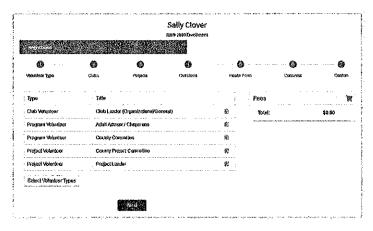


- 2. Select a Volunteer Type
  - a. Program Volunteer
    - i. Adult Advisor / Chaperone
    - ii. County Activity Leader
    - iii. County Committee Member
  - b. Club Volunteer
    - i. Club Activity Leader
    - ii. Club Enrollment Coordinator
    - iii. Club Leader
    - iv. Club Project Leader
  - c. Project Volunteer
    - i. County Project Committee
    - ii. Key Leader
    - iii. Project Leader
    - iv. Resource Leader
- Click Add next to your Volunteer Type Role
   NOTE: If you are a Project Leader for a specific Club, you will
   need to select a Club Volunteer Type and a Project Volunteer
   Type
  - Some Volunteer Types require additional Consent forms. If additional Consent is required, you will be prompted to sign the Consent before the Volunteer Type will be added to your Record.





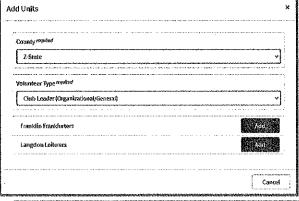
- 4. Repeat steps 1-4 for each Volunteer type that you would like to participate as
- 5. Click the small trash can icon to remove any Volunteer Types
- 6. Click Next.



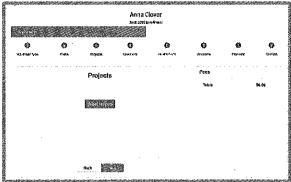
7. If you have selected a Club Volunteer Type, click "Select Clubs" to choose the Clubs with which you would like to Volunteer.



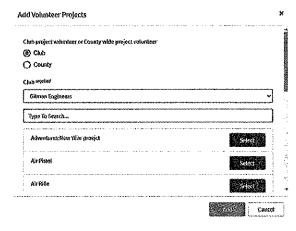
- 8. Select the Volunteer Role that corresponds with the Club in which you would like to participate
- 9. Click Add next to the Club
- 10. Repeat steps 8-10 for each Club in which you would like to participate



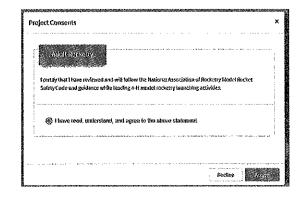
11. If you have selected to participate as a Project leader, you will be prompted to select a Project. Click Select Projects



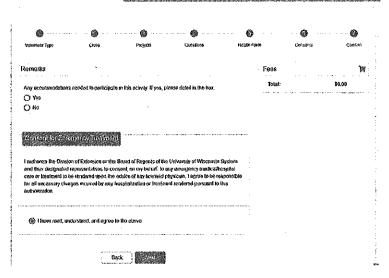
- 12. Select Club if you are a project leader for a specific Club, and select the Club.
- 13. If you are a Project Volunteer for the entire County associated with your Family Profile, select County
- 14. Scroll until you find the Project that you will be working with. Use the Project Filter to search the list
- 15. Click Add next to the Project that you will be working with.
- 16. Select the Project Volunteer Type that best describes your involvement and click on the Add button.



Some projects require additional Consents in order to participate. If an additional Consent is needed, you will be prompted to enter your signature and acceptance before the Project will be added to your record.

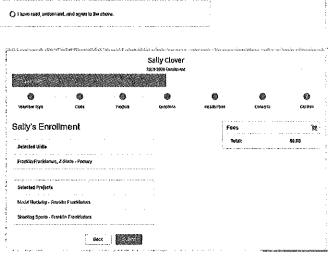


- 17. Click Show Questions
- 18. Complete the Questions section
- When you are finished, click the Next button
   NOTE: Any questions with a red required are required
- 20. Click "Show Health Form".
- 21. During enrollment, you will be asked to complete the Basic Health Form fields and Consent.
- 22. Click the Next button at the bottom of the screen when you are done.



- 23. Complete the required Consents
- 24. Click Next at the bottom of the page.

25. Click Submit



Nation Accomplished flock

26. Additional steps (Screening and Training) are required for Adult Volunteers. Click Confirm to continue to any additional steps.

The additional steps may be completed at any time and in any order

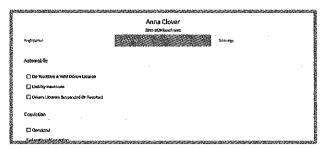


Fees

# Volunteer Screening

Every adult volunteer is screened (criminal background check) upon initial enrollment and every four years thereafter. If you see the screening page, you need to be screened this year. Complete the screening form and associated Consent

Click Continue to Submit your screening approval.



Within a week you will receive an email from HireRight with a link to complete the screening process.

# Volunteer Training

If you have not completed your Volunteer training, you will see a Training tab.

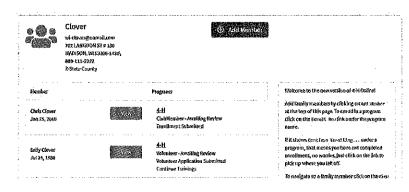
Click the title of the training to select a lesson.

Click on the lesson title to open the lesson and begin the training

# Continuing an Enrollment

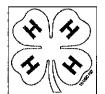
To continue an enrollment that has been started or to complete additional Volunteer enrollment steps, click on the Member List link in the upper left corner.

Then click the link to Continue the Enrollment or to continue a step in the Volunteer Enrollment process.





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# Juneau County 4-H Project Guide

This is your guide.... A 4-H project is an area you want to learn more about during the year. There are projects on just about any topic you would like to study and explore, from art to woodworking, from computers to rabbits, from clothing to small engines.

So how do you know what projects are available to you? Your club's general leader can tell you what projects and resources are available in your county.

Remember, you will learn more than "subject matter" as you complete your projects. You will learn many "life" skills that you will use every day of your life, such as understanding yourself, communicating better, solving problems, making decisions, and working with others. Good luck in your project selections. Have a great 4-H year!

### How to Select 4-H Projects

**4-H members...** First, make a list of the things you like to do or want to learn more about. Talk over your list with your parents, leaders and friends. They may recognize some special things you are good at that you do not even realize you do well.

Then compare your list with the projects described in this guide and any other project list you may receive from your county. Ask yourself if you have the equipment, money and time to do the projects that sound interesting.

If this is your first year in 4-H, concentrate on doing only two or three projects well. Usually you can spend more than one year in a project unit because there are enough ideas there to span two or three years.

<u>Understand that there may not be a leader for a project you have</u> enrolled in.

### Enrolling in Juneau County 4-H...

The enrollment process is entirely online. You can enroll at https://v2.4honline.com/



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If you need any assistance with enrolling in 4-H or selecting projects, feel free to contact your 4-H Club General Leader or contact:

Juneau County Extension Office 220 E. State St., Room 104 Mauston, WI 53948 608-847-9329 april.martell@wisc.edu

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# YOUTH LEADERSHIP

### AMBASSADORS



# YOUNGER MEMBERS

### AFTERSCHOOL PROJECTS

#### CLOVERBUDS

What you can do in this project:

- Learn about your 4-H club or group, activities and events
- Begin developing different skills, e.g., working with others
- Explore your community and working together
- Discover areas of project interest
- Share with others what you have learned

Grade:

K-2

Resources: Wisconsin 4-H Cloverbud Learning Activities

4H710GPM, The Big Book of 4-H Cloverbud Activities

### CLOVERBUDS YTH LDR

Resources: Essential Elements for Cloverbud Programs

Cloverbud Leader Guide



# <u>SERVICE LEARNING &</u> **CITIZENSHIP**

#### CITIZENSHIP

What you can do in this project:

- Discover and discuss public issues
- Plan a project to change or improve your community

Grades:

4-12

Resource:

08153, Citizenship Adventure Kit

### **HISTORY & HERITAGE**



# SELF-DETERMINED

### SELF-DETERMINED

What you can do in this project:

- Create your own project or expand on an old one
- Select a project, develop a plan, identify resources
- Carry out and evaluate your plan

Grades:

3-13

Resource:

4H272, Designing Your Own Project



# ANIMAL SCIENCES

# BEEF

What you can do in this project:

- Identify various beef breeds
- Identify parts of a beef animal
- Halter-break and show a calf
- Fit and judge beef cattle
- Recognize and raise a healthy animal
- Present oral reasons during judging
- Learn about feed ingredients, behavior and parasites

- Study how to do nose-print identification
- Learn beef carcass composition and retail meat cuts
- Explore selection and judging
- Learn about careers, health, reproduction, etc.
- Discover how to market your animal and by-products

08143, Bite into Beef Resources:

08144, Here's the Beef

08145, Leading the Charge

#### CAGE BIRDS

### CATS

What you can do in this project:

- Select a cat
- Identify cat breeds
- Name the parts of a cat
- Handle and groom a cat
- Care for its health
- Create a budget
- Learn about cat senses and sounds
- Explore tricks to teach a cat
- Traveling with a cat
- Learn about feeding and emergency care
- Detect signs of illness and health issues
- Explore veterinary procedures
- Learn reproduction and cat body systems
- Learn showmanship and cat behavior
- Explore community laws and animal welfare

Resource:

08148, Purr-fect Pals 08149, Climbing Up!

08150, Leaping Forward

### **CAVIES**

# DAIRY

What you can do in this project:

- Identify dairy breeds
- Study and identify parts of the dairy cow
- Learn how to select quality dairy calves
- Fit and show a calf
- Identify stages of calving and care
- Assemble tools needed for packing a show box
- Learn about housing and hay quality
- Learn about milking and food safety
- Explore ways to keep an animal healthy
- Observe animal behavior
- Practice mastitis detections
- Learn to balance rations
- Practice pregnancy detection and delivery of a calf
- Learn body-conditioning scoring
- Promote dairy products
- Explore various dairy industry careers

Resources:

08161, Cowabunga

CANADA1, Showmanship: Leading to Win

LDR, Lifetime Dairy Record 08162, Mooving Ahead

CANADA2, Preparing to Lead

MPA, Managerial Project Agreement

08163, Rising to the Top

HMR, WI 4-H Dairy Heifer Mgmt. Record

#### DOGS

What you can do in this project:

- Learn basic skills for dog care and training
- Discover different dog breeds
- Study and identify dog body parts
- Learn how to keep a dog healthy and groomed
- Explore dog health and nutrition
- Discover genetic problems and population control
- Learn showmanship and training techniques
- Learn about show-ring ethics
- Investigate responsible breeding
- Care for geriatric dogs
- Train service dogs
- Explore careers related to dogs

Resources: 08166, Wiggles and Wags 4H436, The Basics of Training Your Dog

08167, Canine Connection

4H439, Dog Obedience - Novice & Beyond

08168, Leading the Pack

4H437, A Guide to Showmanship

#### **EXOTIC ANIMALS**

#### DAIRY GOAT

What you can do in this project:

- Gain hands-on experiences in the goat project
- Select, manage, fit and show goats
- Learn responsible goat ownership
- Learn to keep your goat healthy
- Feed your goat for maximum production
- Prepare for kidding
- Develop judging skills
- Learn how to milk a goat properly
- Learn about genetics, diseases and breeding
- Study body-condition scoring and linear appraisal
- Understand bio-security and prevention measures
- Gain leadership and explore career opportunities

Resource:

08352, Getting Your Goat

08353, Stepping Out

08354, Showing the Way

### **MEAT GOAT**

What you can do in this project:

- Identify meat goat breeds and parts
- Learn to select a good animal
- Feed and care for a meat goat
- Develop a budget for a meat goat project
- Recognize meat goat diseases
- Select a veterinarian and purchase breeding stock
- Understand reproduction cycle and keep records
- Fit and show meat goats
- Learn to control diseases
- Understand bio-security and quality assurance
- Formulate rations
- Evaluate goat pastures

Resource:

07909, Just Browsing

07910, Get Growing with Meat Goats

07911, Meating the Future

### PYGMY GOAT

## HORSE

What you can do in this project:

- Learn horse behavior and terms
- Study breeds and identify body parts
- Saddle, groom and bridle your horse
- Practice horse safety and horse selection
- Practice horsemanship and judging
- Understand horse selection and training
- Learn about tack, feeding and diseases
- Practice showing a horse and trail riding
- Explore horse breeding, genetics and heredity
- Understand horse diseases and prevention
- Learn about fencing, pasturing and housing
- Explore horse-related careers
- Train a horse
- Practice a round-pen workout
- Learn English and Western style bridles
- Understand equitation and riding styles
  - Learn to set goals
- Compare costs of show clothing
- Present your horse in showmanship classes
- Rate your showmanship skills
- Practice proper show ethics
- Explore different breeds and characteristics
- Learn conformation, selection and nutrition
- Practice harnessing and hitching

Resource:

01518Y, Giddy Up & Go

CO200, Horses & Horsemanship

CO201, Horse Science

01519Y, Head, Heart & Hooves

01520Y, Stable Relationships

01521Y, Riding the Range

01522Y, Jumping to New Heights

4H181, Draft Horse

### HORSELESS HORSE

What you can do in this project:

- You do not need a horse in this project
- Explore horse behavior, terms and breeds
- Identify body parts
- Learn grooming, saddling and bridling
- Learn about safety and equipment
- Learn about horsemanship
- Explore judging and oral reasons
- Learn selection, training and showing
- Practice trail riding skills
- Explore horse breeding, genetics and heredity
- Understand horse diseases and prevention
- Learn about fencing, pasturing and housing

Explore horse-related careers Resource:

01518Y, Giddy Up & Go

01519Y, Head, Heart & Hooves

01520Y, Stable Relationships

### LLAMAS

#### PETS

What you can do in this project:

- Explore your favorite pet or select a pet
- Identify pet body parts
- Learn to provide a safe environment
- Design a space for your pet
- Explore animal digestion and feeding
- Shop for pet supplies
- Determine the animal's sex and proper health
- Study pet behavior and communication
- Explore pet products
- Teach others about pets
- Understand how genetics work
- Explore animal welfare issues

Resource:

06359, Pet Pals

06360, Scurrying Ahead 06361, Scaling the Heights

### **POULTRY**

What you can do in this project:

- Identify poultry breeds
- Learn parts of the bird
- Learn parts and functions of the egg
- Learn how to select and handle poultry
- Fit and show poultry
- Discover bantam breeds and breed characteristics
- Learn how to get started raising bantams
- Select and mate bantams
- Incubate and rear their young
- Learn to feed and house birds
- Fit and show bantams
- Observe a healthy flock
- Select and judge broilers
- Discover how an egg is formed
- Prevent poultry diseases
- Discover how chicks imprint
- Organize a judging clinic
- Manage a laying flock
- Discover qualities of eggs
- Handle poultry products safely
- Process a chicken

Resources: 06363, Scratching the Surface

CIR878, From Egg to Chick

NCR209, Bantams

06364, Testing Your Wings

A2880, Chicken Breeds & Varieties

06365, Flocking Together

MA, Meat Animal Project Record

### RABBITS

What you can do in this project:

- Learn about selecting and handling rabbits
- Identify rabbit breeds and body parts
- Explore health issues and feeding
- Learn to select show rabbits
- Give oral reasons and judge rabbits
- Learn to tattoo
- Detect diseases
- Keep records of animals
- Learn about breeding and genetics

- Design a rabbitry
- Market rabbits
- Learn about disease prevention and rabbit registration

08080, What's Hoppening? Resource: 08081, Making Tracks

08082, All Ears

#### SHEEP

What you can do in this project:

- Identify sheep breeds and body parts
- Observe sheep behavior
- Identify uses of wool and other by-products
- Fit and show sheep
- Learn to identify sheep parasites
- Promote meat safety
- Judge wool
- Diagnose sheep diseases
- Use medications safely
- Explore careers
- Set sheep production goals
- Plan sheep related activities
- Market sheep products and teach others
- Plan a judging contest
- Explore careers

Resources: 06367, Lambs, Rams and You 06368, Shear Delight

06369, Leading the Flock

### SMALL ANIMALS

#### SWINE

What you can do in this project:

- Identify swine breeds, feeds and animal parts
- Practice judging market hogs
- Identify pork meat cuts
- Practice fitting and showing a hog
- Make a swine health care plan
- Identify diseases
- Assemble tack and pack a show box
- Plan and organize a facility expansion
- Complete a plan for a new pork product
- Learn to make breeding and culling decisions
- Judge a class of breeding gilts
- Design a preventative herd health plan
- Manage a feeding program

08065, The Incredible Pig Resources:

4H412, Judging Breeding & Market Swine

08066, Putting the Oink in the Pig

08067, Going Whole Hog

### TROPICAL FISH

#### VETERINARY SCIENCE

What you can do in this project:

- Learn different breeds of animals
- Interpret animal behavior
- Identify feed nutrients
- Describe animal life stages and systems
- Create health records for your animal
- Conduct food safety experiments

- Discover importance of immunity and bio-security
- · Consider ethics and animal welfare
- Investigate the importance of genetics
- Understand diseases that spread from animals to humans
- Learn about diversity of veterinary careers

Resources: 08048, From Airedales to Zebras

08049, All Systems Go 08050, On the Cutting Edge



# COMMUNICATION ARTS

### COMMUNICATIONS

What you can do in this project:

- Engage in non-verbal, verbal and written activities
- Strengthen your personal communication skills
- Encrypt codes, write songs and give directions
- Learn to become a confident communicator
- Present oral reasons, plan and present speeches
- Practice making good first impressions
- Polish your communication skills
- Explore communication careers
- Write résumés and interview for a job

Resource:

08644DD, Communications: Module 1 08645DD, Communications: Module 2 08646DD, Communications: Module 3

#### CREATIVE WRITING

What you can do in this project:

- Explore language and creative expression
- Stimulate your creativity and self-expression
- Enrich your joy of book reading

Grades: 3-12

Resources: COMM01, Creative Wordworking

COMM03, Crazy About Books Reading Circle

### **DEMONSTRATIONS**

### **SPEAKING**

What you can do in this project:

- Plan, practice and present an effective speech
- Gain confidence in public speaking
- Plan, practice and present an effective demonstration

Grades: 3-12

Resources: COMM02, 4-H Public Speakers Handbook

COMM06, 4-H Public Speaking Opportunities

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# PERFORMING ARTS

#### MUSIC

What you can do in this project:

- Gain a greater appreciation for music
- Explore different ways to participate
- Listen, perform and compose various types of music
- Teach others and make instruments

Grades: 3-12

Resource: 4He

4H620MP, Youth and 4-H Music Project Guide

### THEATRE ARTS

What you can do in this project:

- Study acting, sound, movement, voice and speech
- Learn different ways to play a scene
- Try pantomime, clowning and improvisation
- Become a puppeteer
- Investigate the history of puppets
- Explore types of puppets and puppet characters
- Use puppets in community service work
- Plan and present a puppet show
- Study costumes, makeup, stage sets, props and sound
- Learn stage management
- Create sounds and disguises
- Make up your own character and bring it to life

Resource:

08445, Theatre Arts Beginner 08446, Theatre Arts Intermediate 08447, Theatre Arts Advanced 08448Y, Theatre Arts Journal



# **VISUAL ARTS**

### ART

What you can do in this project

- Learn art through cutting, pasting and drawing
- Explore sculpting and constructing with fibers
- Paint and print using different materials
- Explore art techniques, culture and history of art
- Learn artistic challenges in drawing, fiber arts and sculpting
- Develop graphic design techniques

Resources:

4H592, Get Started in Art Curriculum

08140, Advanced Visual Arts: Sketchbook Crossroads 08141, Advanced Visual Arts: Portfolio Pathways

### CERAMICS

#### CREATIVE/CROSS STITCHERY

### DRAWING & PAINTING

What you can do in this project:

- Learn to draw with pencil, chalk, crayon, etc.
- Learn to blend and shade
- Make surface rubbings
- Paint with watercolor, oil and acrylics
- Mix colors
- Mat and frame your artwork

Grades:

3-12

Resource: 4H169, Drawing & Painting

# JEWELRY MAKING

#### LEATHERCRAFT

What you can do in this project:

- Learn about the characteristics and uses of leather
- Use tools and equipment
- Make patterns and original designs
- Explore various leathercraft techniques

Grades: 3-12

# **PHOTOGRAPHY**

What you can do in this project:

- Explore the camera and learn to use it properly
- Learn the basics of lighting and composition
- Learn the use of different light sources
- Shoot photos that tell a story
- Learn about camera adjustments
- Learn about film speed, shutter speed and aperture
- Take silhouettes, candids, action shots and others
- Learn about wide-angle and telephoto lenses
- Explore the use of light meters and studio lighting
- Experiment with special effect photos
- Take still life photos and portraits

Resource:

01920Y, Photography Basics 01903Y, Next Level Photography 01904Y, Mastering Photography

**POTTERY** 

PRINT MAKING

TIE DYING

WOOD ART



# **FAMILY, HOME & HEALTH**

#### CHILD DEVELOPMENT

#### HOME ENVIRONMENT

What you can do in this project:

- Learn about home care
- · Learn to sand and finish a simple wood item
- Make small home decorative items for the home
- Explore the world of home interior design
- Focus on the application of design fundamentals
- Learn about purchasing furnishings for the home
- Restore or make a heritage item

Resource:

4H425, Exploring Your Home 4H465, In My Home

### HEALTH

What you can do in this project:

- Practice first-aid skills to treat basic injuries
- Learn how to respond to someone who is choking
- Assemble a first-aid kit
- Identify your personal talent areas in health care
- Explore hygiene, nutrition and physical activities
- Share what you learn with others
- Design your own fitness plan
- Track your plan and review your progress
- Interview individuals in the health and fitness fields

Resource:

08174, First Aid in Action

08380, Health Rocks! Curriculum 1 – Beginning

08175, Staying Healthy

08381, Health Rocks! Curriculum 2 - Intermediate

08176, Keeping Fit

4H359, Your Thoughts Matter: Navigating Mental

Health

### INTERGENERATIONAL PROGRAMS

What you can do in this project:

- Learn to understand older people better
- Let them share their stories and experiences
- Explore what happens as you grow older

Grades:

5-12

Resource:

NCR591, Walk in My Shoes Member Guide



# FOODS AND NUTRITION

# FOOD PRESERVATION

What you can do in this project:

- Learn the basics of preserving food safely
- Use UW-Extension Safe Food Preservation Series
- Continue learning food preservation techniques
- Use UW-Extension Safe Food Preservation Series

Resources: B0430, Canning Fruits Safely

B1159, Canning Vegetables Safely

B2909, Making Jams, Jellies & Fruit Preserves

B3278, Freezing Fruits & Vegetables

B2267, Homemade Pickles & Relishes

B2605, Tomatoes Tart & Tasty

B3345, Canning Meat, Wild Game, Poultry & Fish

B3570, Canning Salsa Safely

## **FOODS & NUTRITION**

What you can do in this project:

- Learn what is good to eat and how to fix simple foods
- Fix pizza, pancakes, fruit kabobs and granola bars
- Explore why calcium is important to our bodies
- Understand TV commercial messages about food
- Make main dishes, e.g., meatballs, pasta and salads
- Learn to make basic muffins and biscuits
- Learn to change recipes
- Reduce fat content in recipes
- Discover how to store fruit and vegetables
- Learn to evaluate nutrition information and fad diets
- Develop your own exercise program
- Learn how to cook different cuts of meat
- Learn to divide large-quantity packages for family use
- Make baked chicken, breadsticks and stir-fried vegetables
- Learn how to make jelly, bake fish and marinate meat
- Conduct a food activity with young children
- Learn to divide recipes and make substitutions
- Plan menus on a budget

Resource:

07144DD, Six Easy Bites 07146DD, Tasty Tidbits 07148DD, You're the Chef

07150DD, Foodworks



# **CLOTHING AND TEXTILES**

### **CLOTHING**

What you can do in this project:

- Identify sewing tools and machine parts
- Thread a sewing machine and identify fabrics
- Select and purchase a pattern
- Sort clothes for laundry and remove stains
- Donate a sewing project
- Identify types of fabric constructions

- Sew different buttonholes and seam finishes
- Use pressing tools and thread a serger
- Research different laundry products
- Use specialized sewing tools or equipment
- Combine patterns to create a design
- Create outdoor wear
- Design and embellish a garment
- Use a computer to print on fabric

Resource:

08060, Under Construction

4H2210. FUNdamentals: STEAM Clothing 1

08061, Fashion Forward

4H2220, Simply Sewing: STEAM Clothing 2

08062, Refine Design

4H2230, A Stitch Further: STEAM Clothing 3 4H2240, Maker's Guide: STEAM Clothing

4H2260, Beyond the Needle: STEAM Clothing

### **CROCHETING**

### **KNITTING**

What you can do in this project:

- Discover what to consider when buying yarn or tools
- Learn knitting and finishing techniques
- Correct knitting errors
- Learn how to care for your knitted items

CC1402, Knitting Made Easy Resource:



# MECHANICAL SCIENCES

### **BICYCLES - ENG & TECH**

What you can do in this project:

- Learn the essentials for getting started safely
- Explore the basics toward lifelong cycling
- Learn safety, road rules and planning for a pleasant ride
- Choose a bike that's right for you
- Practice bike maintenance
- Learn road rules

Resource:

08334, Bicycling for Fun 08335, Wheels in Motion

### COMPUTERS

What you can do in this project:

- Learn about hardware, software and components
- Explore how computers work
- Learn the various programs and their features
- Visit the project's interactive website
- Build and repair a computer
- Identify the components and how they work together
- Learn to upgrade and create connections
- Install operating systems
- Discover how to create and manage networks
- Make decisions about network management
- Explore security issues and troubleshooting

Resource:

08346, Newbie Know How

01606Y, Comp. Science & Programming with Scratch: 08347, Inside the Box

01801Y, Comp. Science & Programming with Scratch:

08348, Peer to Peer

01802Y, Comp. Science & Programming with Scratch:

#### ELECTRICITY

What you can do in this project:

- Understand how to use electricity
- Identify electrical materials
- Wire a simple circuit
- Build a compass, flashlight, switch and electric motor
- Work with electrical equipment
- Learn to read circuit diagrams
- Build a circuit and measure voltages
- Communicate in Morse code
- Develop a basic electrical tool and supply kit
- Understand the symbols on wires and cables
- Locate your home wiring system
- Identify electrical and electronic parts and devices
- Learn how to solder and prepare parts for assembly
- Assemble a circuit using a transistor

Resource:

06848, Magic of Electricity

06849, Investigating Electricity

06850, Wired for Power

06851, Entering Electronics

# HANDYMAN

# LEGOS

### MECHANICAL SCIENCES

### MODEL ROCKETRY

### SCALE MODELS

## SMALL ENGINES

What you can do in this project:

- Learn the basics of small engines
- Explore external engine parts and tools
- Identify the uses of small engines and safety issues
- Explore the internal parts of engines
- Learn about engine sizes and safety issues
- Explore different jobs related to small engines
- Tear down and rebuild an engine
- Learn to use diagnostic tools
- Research rules and regulations in using small engines

Resource:

08186, Crank It Up!

08187, Warm It Up!

08188, Tune It Up!

Resource:

08189, Small Engines Helper's Guide

### SNOWMOBILING

### TRACTORS

What you can do in this project:

- Learn and identify parts of the tractor
- Understand the basics of tractor maintenance
- Learn about different fuels and engine cooling systems
- Research different safety features and learn safety rules
- Practice farm and tractor safety
- Understand the mechanics of engines
- Identify accessory equipment
- Learn the functions of different operational systems
- Learn types of oil systems and fuel safety
- Learn how to hook on a PTO unit

- Learn tractor and machinery maintenance
- Focus on safety and maintenance
- Identify and work with operational systems

Resource:

4H961, Starting Up: Getting to Know Your Tractor 4H962, Tractor Operations: Gearing Up for Safety 4H963, Moving Out: Learning About Your Tractor

& Farm Machinery

4H964, Learning More: Learning About Agricultural

Tractors & Equipment

### WELDING

### WOODWORKING

What you can do in this project:

- Learn safety practices when working with wood and tools
- Use various hand tools, e.g., hammer and saw
- · Identify types of nails and wood
- Sand and paint a piece of wood
- Identify functions of various tools
- Practice safety techniques
- Select a project to build, e.g., birdhouse or foot stool
- Use a screwdriver and combination square
- Compare different types of hinges
- Enlarge scale-drawn woodworking plans
- Use a hand plane and build a laminated cutting board
- · Compare different grades of plywood
- Use a table saw, router, powered circular saw and sander
- Learn to make more difficult joints
- Evaluate exotic and veneer woods
- Create inlays and overlays
- Test various adhesives

Resource:

06875, Measuring Up 06876, Making the Cut 06877, Nailing It Together 06878, Finishing Up



# NATURAL RESOURCES & ENVIRONMENTAL EDUCATION

### **BACKPACKING & HIKING**

What you can do in this project:

- Plan a day hike, select items and plan the food
- Learn to organize and pack a backpack
- Select appropriate clothing
- Prepare a first-aid kit
- Learn to use a compass
- Prepare for dangerous weather
- Plan a camping trip
- Select equipment, including shelter
- Plan a camping trip menu and prepare supplies
- Practice "Leave No Trace" principles while hiking
- Study various organism habitats
- Select group backpacking gear including a tent
- Design a non-tent backpacking shelter
- Develop a personal conditioning program
- Learn to orient a map and use triangulation

Resource:

08043, Hiking Trails

08044, Camping Adventures 08045, Backpacking Expeditions

#### BEES

#### BIRDS

# CAMPING

### **CANOEING**

## ENTOMOLOGY (INSECTS)

What you can do in this project:

- Learn about insects, their behavior and life history
- Discover the parts of an insect's body
- Collect and compare insects
- Explore how insects communicate and move
- Learn how an insect protects itself
- Explore insect habitats
- Create an insect display
- Build an insect extractor
- Investigate entomology careers
- Dalar and attacks are also are and are
- Raise and study mealworms and mosquitoesObserve a colony of ants
- Make an insect identification key
- Record and collect aquatic insects
- Explore various gardens and habitats

Resource:

08440, Teaming with Insects: Level 1

08392, Project Butterfly Wings Youth Guide 08441, Teaming with Insects: Level 2

08442, Teaming with Insects: Level 3

#### FISHING

What you can do in this project:

- Identify types of tackle
- Organize a tackle box
- Identify different types of bait and fish in your area
- Learn to take proper care of your catch
- Find fishing information on the Internet
- Cast a spinning rod and reel
- Learn to tie fishing knots
- Select a recipe and cook a fish
- Collect and analyze aquatic life
- Learn to reassemble a fishing reel
- Make artificial flies and lures
- Modify fishing equipment

Investigate fishing careers

Resource: 07598, Take the Bait 07599, Reel in the Fun

07600DD, Cast into the Future

### **FORESTRY**

What you can do in this project:

- · Identify forest types, forest products and trees
- Age trees by counting rings
- Understand forest competition
- Find a state forest
- Describe how leaves affect rainfall
- Learn how trees move water from soil to canopy
- Diagram a leaf
- Understand major forest changes and their impact
- Select urban tree planting sites
- Recognize different tree fruits

Rev. 9/7/2023

• Create a community forest map

• Identify forest biomes by continent

Identify an unknown tree using a tree key

Resource:

08038, Follow the Path 08039, Reach for the Canopy 08040, Explore the Deep Woods

### MAPLE SYRUP

REPTILES

WEATHER

### WILDLIFE



# **SHOOTING SPORTS EDUCATION**

### SHOOTING SPORTS

What you can do in this project:

- Explore different air pistols
- Learn basic safety rules and guidelines
- Learn marksmanship and shooting procedures
- Explore different types of air rifles
- Learn basic safety rules and range commands
- Develop marksmanship
- Learn various shooting positions used in competition
- Learn the fundamentals of archery marksmanship
- Learn rules and safety guidelines
- Make archery equipment
- Shoot with sights and different bows
- Learn the history, philosophy and laws of hunting
- Learn to plan and equip yourself for a hunt
- Explore muzzle loading history
- Study different muzzleloading guns and accessories
- Learn how to clean a muzzleloader
- · Learn safety issues
- Explore the history of different types of pistols
- Learn basic safety rules and range commands
- Develop marksmanship and shooting procedures
- Explore rifle history and the different models
- Learn to sight-in your rifle and score targets
- Learn various shooting positions used in competition
- · Learn safe handling procedures and range rules
- Learn the basic safety issues with shotgun handling
- Learn shooting fundamentals
- Learn the proper way to carry a shotgun

Grades: 3-12

Ages: Only 12 years old and above can shoot powder burning guns

Resources:

751, Archery Member Record Book 753, Pistol Member Record Book 750, Rifle Member Record Book

752, Shotgun Member Record Book



# SOIL SCIENCES

# **CROPS**

What you can do in this project:

- Learn about variety selection, germination and planting
- Learn about nutrients, harvesting and storage

• Explore uses and marketing strategies for corn

Resources: 4H440, Marketing Your 4-H Crops RS1, Record Sheet – Crops Management

### **FLOWERS**

What you can do in this project:

- Identify flower parts and their functions
- Plant flowers and make flower arrangements
- Give a presentation on flowers
- Prepare a flower exhibit
- Learn about plant needs and soil testing
- Select and start new plants and grow transplants
- Examine plants for insects and diseases
- Judge a flower exhibit
- Design a plant experiment
- Make a landscape plan
- Write instructions on how to force bulbs
- Compare different fertilizers: organic and chemical

Resource: 07162,

07162, Gardening: See Them Sprout

4H1301A, Forcing Spring Flowering Bulbs

A2935, Evaluating & Judging Flowers & Indoor Plants

07163, Gardening: Let's Get Growing 07164, Gardening: Take Your Pick 07165, Gardening: Growing Profits

#### **FRUITS**

What you can do in this project:

- Produce fruits from apples to berries
- Select the best fruit cultivar for your home garden
- Produce fruits such as pears and grapes
- Learn about different varieties of cultivars

Resources: A1597, Growing Strawberries in Wisconsin

A1610, Growing Raspberries in Wisconsin

A1960, Growing Currants, Gooseberries, &

Elderberries in Wisconsin

A1656, Growing Grapes in Wisconsin

A2072, Growing Pears in Wisconsin

### **HERBS**

# HOUSE PLANTS

What you can do in this project:

- Identify plant parts and their functions
- Grow house plants and start a plant from a cutting
- Make a dish garden
- Prepare house plants for exhibit
- Learn about plant seeds and soil
- Select and start new plants and grow transplants
- Plant a terrarium
- Examine plants for insects and diseases
- Take a tour of a horticulture business
- Design a plant experiment
- Teach others how to grow house plants
- Compare different fertilizers: organic and chemical

Resource:

07162, Gardening: See Them Sprout 4H328, Propagating & Growing House Plants

07163, Gardening: Let's Get Growing 07164, Gardening: Take Your Pick

07165, Gardening: Growing Profits

#### VEGETABLES

What you can do in this project:

- Identify plant parts and their functions
- Explore germination and start a plant from a cutting
- Grow vegetables in containers
- Plan an outdoor garden
- Prepare a vegetable exhibit for show
- Learn about plant needs and soil testing
- Start new plants and grow transplants
- Build a compost pile and use mulches
- Grow plants in a cold frame
- Make a site analysis and landscape plan
- Compare organic and chemical fertilizers
- Research various insect control methods

Resource:

07162, Gardening: See Them Sprout A3306, Exhibiting & Judging Vegetables 07163, Gardening: Let's Get Growing 07164, Gardening: Take Your Pick



# STEM (Science, Technology, Engineering & Math)

### STEM

### **AEROSPACE**

What you can do in this project:

- Build an introductory level rocket
- Compare birds and airplanes
- Make a space helmet
- Build straw and paper rockets
- Learn to read a map
- Identify types of aircraft
- Discover how weather affects flying
- Build and fly a kite
- Make a hot-air balloon model
- · Build, exhibit and launch model rockets
- · Test a paper hang glider
- Make a flight simulator
- · Demonstrate why rockets fly
- Organize a kite-flying contest
- Design and build rockets and box kites
- Build an altitude tracker
- Plan a flight route
- Discover the affects of gravity
- Explore life in space and aerospace careers

Resource:

06842, *Pre-Flight* 06843, *Lift Off* 

06844, Reaching New Heights 06845, Pilot in Command



# OTHER PROGRAMS

### **SAFETY**



# INTERNATIONAL PROGRAMS

#### INTERNATIONAL

What you can do in this project:

- Explore the world around you through maps
- Track weather in various parts of the world
- Make your family tree by talking with relatives
- Explore where your ancestors came from
- Explore culture, fear, and identity
- Stretch your values and frame of reference
- Challenge stereotypes and assumptions
- Connect with global citizenship

Resource:

01501F, We Connect: A Global Youth Citizenship

Curriculum