Putting Together Your Record Book

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2014 4-H SUMMER INTERN

Why Complete A Record Book?

- Required to complete a record book each year by 4-H
- Allows member to apply for 4-H trips and scholarships offered by Juneau County
- Enables member to receive project awards at the Recognition Program held in January
- Shows growth of member over the years involved in 4-H

Record Book Long-Term Uses

- Helps with application for high school scholarships
- Used in completing job applications
- Practice building an employment portfolio

Where Can I Find Record Book Pages?

- All pages are links on the Juneau County UW-Extension website
 - Ohttp://juneau.uwex.edu/4-h-youth-development/forms-applications/
- Choice of format:
 - o Member can type on the documents and then print them off before placing them into their record book binder OR member can print off documents and handwrite information before placing them into their record book binder. They are also available as a Google document.
 - O Decide what will be easier for member
 - o Remember that neatness counts on score sheets for judges



JUNEAU COUNTY 4-H RECORD BOOK INSTRUCTIONS AND RULES



All Juneau County 4-H members are encouraged to keep a Record Book of activities and projects they have participated in throughout the year. This Record Book helps a member track participation points, qualify for awards, and serves as proof of a member's good standing for trips and scholarships. Record Books are turned in to general leaders where they will be judged on the club and county level. The following instructions and rules were designed to help you develop your Record Book and these rules will be used for judging.

Record books begin with a 3-ring binder that is no more than 2" wide and can be any color. This binder will hold Record Book Forms and
supporting materials. Use of plastic sheet protectors is encouraged but not required.
NEW FOR 2022: Ditch the green covers we have traditionally required. They are no longer need to be part your record book. The
information they contained is repeated in the other requirements so why duplicate!
Forms are found on the Juneau County Extension website under 4-H/Forms and Applications and are available in Microsoft Word or PDF.
We are working on getting them into a Google format too and those links will be available on our Juneau County Extension website.
https://juneau.extension.wisc.edu/4-h-youth-development/forms-applications/
Each Record Book needs to include the following Forms in this order:
o Table of Contents
o Member Introduction Page
o Activity Summary
o Projects I've Carried
o My 4-H Year in Review
 Project Pages-some projects have specific pages
 Project Photos should follow the project pages they align with (Ex. Cultural Arts photos should follow your Cultural Arts project
form)
 Photos of other county/club activities
Forms may be completed in handwriting or typed but they must be your own work. Remember, neatness counts so if you are handwriting, do
your best to make sure everyone can read it.
Forms are designed so that you can complete them as the year progresses. Complete the top of project forms in the beginning of the year, the
middle during the year, and the last questions at the end of the year. Do a rough draft if you want and print clean pages for your final
submission.
We understand that the "Worth Statement" question on the back of the forms can be hard to complete. It is there to help you reflect on what
you learned in 4-H. There are eleven life skills that Wisconsin 4-H recognizes as an educational priority for its members. Try to see if you

can incorporate the following life skills into your worth statement:



JUNEAU COUNTY 4-H RECORD BOOK INSTRUCTIONS AND RULES (Page 2)



Applying science and technology Communicating with others Decision making Developing self Leading self and others Learning to learn Mental and physical health Planning and organizing Problem solving Relating to change Relating to others

_	expense section, write "No expenses."
	Let your parents, leaders, and other members help you with proofreading and generating ideas to better explain yourself. It will help you
_	learn to communicate with others better!
Ш	Feel free to add some creativity to your book. Ribbons, pictures, and programs are allowed. It's <u>your</u> book! Just make sure that you save
_	time to complete the forms!
ш	The Record Book Evaluation and Rating Sheet is the official form used to judge each record book. The order of your Record Book should
	follow the judges sheet:
	 Table of Contents (this page is your original design and includes page numbers) Member Introduction Page Activity Summary Projects I've Carried My 4-H Year in Review Project Forms with photos/mementos from that project following its project form Photos/mementos from other county/club events you participated in
	Do not forget to fill in all signature lines (parent and member signatures).
	Project Forms do not need to be filled out for every project that a member participates in. However, if a member is applying for a project disk
	then a project form must be completed for the member to receive a disk in that project area.
	There is no limit to how much supporting materials (pictures, ribbons, programs, newspaper articles, etc.) can be included just as long as the
	entire Record Book does not exceed what a 2" binder can reasonably hold.

Complete all of the blanks in the forms. If you can't complete a section, explain why. For example, if you had no expenses to record in your



JUNEAU COUNTY 4-H RECORD BOOK INSTRUCTIONS AND RULES (Page 3)



Remember to request project disk(s) on the member introduction page. Disks can be earned for projects and/or county/state events you have
participated in. Disks can on only be earned if project forms or supporting event materials are included within the record book.
Record books need to be turned into Club General Leaders. Each club can set their own deadline for when record books are due. After book
are judged at the club level, top books must be submitted to the UW-Extension Office by October 15th .
General Leaders: Please remove club judging sheets before submitting Record Books to the Extension office. Only submit quality record
books that can compete for top placing on the county level. Incomplete record books will not be considered for top placing.

QUICK CHECKLIST:

- ✓ Binder (no larger than 2" width)
- ✓ Table of Contents with page numbers
- ✓ Member Introduction Page
- ✓ Activity Summary Pages
- ✓ Projects I've Carried
- ✓ My 4-H Year in Review
- ✓ Project Forms
- ✓ Club Participation
- ✓ County Participation
- ✓ ALL Signature lines are filled in
- ✓ Neatness counts-a lot!
- ✓ Turn in to General Leader by club due date

Outline of Pages to Include

- Table of Contents
- Member Introduction Page
- Activity Summary
- Projects I HaveCarried
- My 4-H Year inReview
- Project Summary Forms
- Photo Pages

• Remember:

- Cover Page, Activity
 Summary, and Projects I
 Have Carried pages should
 be taken out of your
 previous year's record
 book and used again in
 your new one
- Continue to add onto these three documents throughout your 4-H career

Table of Contents

- Make sure to number all pages in book
- Follow order of judging form for order of personal record book
- Table of contents should immediately follow green cover page

Table of Contents

	Description	Page Number
•	Member Introduction Page	1
•	Activity Summary	2-5
•	Projects I Have Carried	6
•	My 4-H Year in Review	7-8
•	Project Forms	
	 Arts and Crafts 	9-10
	 Photography 	
	 Youth Leadership 	13-14
•	Photo Page	15-25

Member Introduction Page

- Gives basic information about member
- Easy to use school picture or a picture from a 4-H event in center picture location
- Remember that the member and parent need to sign this page
- Select project awards for county awards night



Juneau County 4-H MEMBER INTRODUCTION PAGE

H Club		
ars in 4-H	Grade (as of Jan. 1)	Age (as of Jan 1)_
	Place your photo here	
	/	
	Y	
	V	
	,	
	The section of the latest section of the lat	
1	personally certify that this record book is	
1	personally certify that this record book is	my best effort. Date
-		Date
	Signature certify that this record book accurately ref	Datelects the work of my child.
-	Signature	Date
-	Signature certify that this record book accurately ref	Datelects the work of my child.
I personally	Signature certify that this record book accurately ref	Date Dets the work of my child. Date
I personally	Signature certify that this record book accurately ref	Date Date Date idered for a project disk

Activity Summary

- Continue to add onto these sheets each year to show individual growth
- Add new year to top of column
- Total points for each page
- Total amount of points designate whether you will receive an award

Year			5	
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ie .				
	Year Year Year	Year year year year year	Vear Vear vear vear vear vear vear vear vear v	Vear Vear (i) pt. oa.)

	'ear		1 1
County 4-H Speaking Contest			
Textile Arts Revue participant		0	
3. County Demonstration Contest			
County Performing Arts Festival			
5. Juneau County Fair exhibitor			
6. 4-H Camp			
7. Foods Revue participant			
8. Taught at any county event			
9. Active in June Dairy Month promotion			
10. Juneau County camp counselor			
11. 4-H Ambassador			
 Assisted at county fair as superintendent, cleri other assistant 	or		
13. Visited a school or other meeting to promote 4	-н		
14. Gave a radio or TV presentation for 4-H			
 Completed resume and interviewed for Education Experience Scholarship 	ional		
16. County officer			
17. Shooting Sports competition			
 Other county activity – list (2 points per activity regardless of number of meetings) 			
19. Worked at County Fair 4-H Food Stand			
	Total		

	Year			
Key Award				
Area Animal Science Day participant				
 Exhibited in any other district event (Elroy Fair, District Show, Hillsboro Fair, etc.) (3 points each) 				
4. State Youth Conference delegate				
5. State Fair participation - list activity (3 points	each)			
6. State 4-H Horse Expo				
7. State 4-H Dog Show				
8. Other State events – list (3 points			$\neg \tau$	
	-	+	_	+
www.ship Washington Focus delegate		П		
	anah			
Regional, National and International – 4 points	each Year			
Regional, National and International – 4 points	000000			
Regional, National and International – 4 points	000000			
Regional, National and International – 4 points 1. Regional Competitions (out of state)	000000			
Regional, National and International – 4 points 1. Regional Competitions (out of state) 2. National 4-H Congress	000000			
Regional, National and International – 4 points 1. Regional Competitions (out of state) 2. National 4-H Congress 3. National 4-H Conference	Year			
Regional, National and International – 4 points 1. Regional Competitions (out of state) 2. National 4-H Congress 3. National 4-H Conference 4. Other National 4-H events	Year s Total			

Achievement Award	Year Received
Bronze (40 – 124 points)	
Silver (125 – 249 points)	
Gold (250 – 374 points)	
Honorary (over 375 points)	

Trips / Conferences / Awards	Year
Explore Wisconsin	
State Youth Conference	
American Spirit Trip	
Citizenship Washington Focus	
National Conference	
National Congress	
Key Award	
Juneau County Youth Volunteer of The Year Award	

Projects I Have Carried

- Helps keep track of all the projects the member has been involved in
- List project area
- Check off year box for each additional year
- Keep reusing this sheet in each record book to show growth in project areas



Juneau County 4-H Projects I have Carried as a 4-H Member

	(Each project should be listed only once)										
	Name of Project	20 <u>1</u> 3	20 <u>14</u>	20	20	20	20	20	20	20	20
	Photography	X	X								
	Arts and Crafts	X	X								
	Youth Leadership		X								
			_								
			V								
1											
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	//										
1											
_											

My Year in Review

- Focuses on just one year of 4-H activities
- Gives more detail
 about the activities
 involved in
 throughout the year
- Dates to the best of your ability; can even just list the month if unsure of specific date
- Give specific reasons; do not just list the project



Juneau County 4-H My 4-H Year in Review

me			4-H Year 20	_to 20			
List offices held		4	H Club or Group				
List 4-H committees serv	ed on	List	our responsibilities				
4-H Club Activities	Briefly Desc	ribe Activity	Date				
emonstration/Talk							
onservation/Recycling				I			
ommunity Service							
ub Educational Experience							
ub Tour/Picnic							
H Promotion				County A		Briefly Describe Activity	Date
airy Promotion				Demonstration/Ta			
/	>			Textile Arts Revue	ð		_
V				Performing Arts F	estival		
ner Activities				4-H Camp			
				County Fundraise	:r		
				County Fair			
3				County Project M Other Activities:	eetings		
			√	Offici Activities.			
			<u> </u>				_
				District, Stat	e & National	Briefly Describe Activity	Date
				Spring Preview Li			
				State Fair Exhibit	or		
				State Team WI Youth Confere	ance		
				Citizen Washingto			
				National Congres			
				National Conferen	nce		
				Other Activities:			
							-
						2	
						ease compare your projects	
				in which project d	ia you learn the mo	st, positive or negative? Why?	
						2	
				Which project was	s your favorite? Ple	ase explain why.	
				Which project was	s your least favorite	? Please explain why.	
				30000 annound a se \$100 h 100 h	evillaced College Ecology Films	energe i uzu en gend 1953 Mattest til utverset i d	
					s your favorite? Ple		

Project Summary Page

- Can be personal goals for the year
- Can use skills from previous years and just add new ones to the list to show growth
- If you can't put a
 value on a project,
 just write that down;
 don't leave it blank
- List fair projects
- Think about what you learned and how it can help you in the future



Juneau County 4-H Record Book Form



PROJECT FOR 20

	What are 2 things you i like to learn in this proj	would lect?	the costs inv	ollowing finance volved in this p of for all expension parents pay for row the mone	oroject. ses r all expenso y from my p	anding with m	ay them back.						
									ECT EXPE				_
ĺ	Years in Project:		SKILLS L	EARNED				֓֞֓֓֓֓֓֓֓֓֓֓֓֓֓֓֓֓֓֓֓֓֓֓֓֓֓֓֓֓֓֓֓֓֓֓֓	ed, service	s, etc.		Amount	
	Skills		Past years	Skills			r improved Past years				-		
									1	otal Project Exp	penses	\$	\exists
_									ALUE OF A	ARTICLE PROD	DUCED	Amount	
													
	Describe classes, work	shops or le	arning experie	ences (inc.)				T		Total Project I	Income	\$	
									DEMONS	TRATIONS			=
										Where		Placing	\exists
								J					
													-1
									V				=
				, i	in additio	n to the eco						spent, enjoyme	
					Would yo	u recomme	nd this projec	t to a frie	end? Why	or why not			7.

Specific Project Summary Page

Pages will cater to the specific project and include:

- Arts and Crafts
- Cat
- Dairy
- Dog
- Food and Nutrition
- Horse & Pony
- Livestock
- Photography
- Plant and Soil
- Poultry
- Rabbit
- Woodworking
- All other projects use
 "General Project Record
 Book Form



Juneau County 4-H Record Book Form



PHOTOGRAPHY PROJECT FOR 20_

What are two things you would	FINANCIA	AL AGREEMENT
like to learn in this project?	the costs involved in this pro l pay for all expenses My parents pay for al	3
	(Member's Signature)	(Parent/Guardian Signature)
	My camera (or camera u	sed):

Skills	Learned o	r improved	Skills	Learned or improved		
SKIIIS	This year Past year		SKIIIS	This year	Past years	
Loading film			Contrast &/or Color			
Isolating the subject			Developing			
Subject Position in Picture			Enlarging			
Patterns			Mounting			
Perspective			Cropping			
Texture			Framing			
Natural Light			Photo Story Telling			
Use of Flash			Trick Photography			
Change film around			I I F EU			

SKILLS LEARNED

Describe classes, workshops or learning experiences (inc. help from others).



Juneau County 4-H Record Book Form



ARTS AND CRAFTS PROJECT FOR 20_

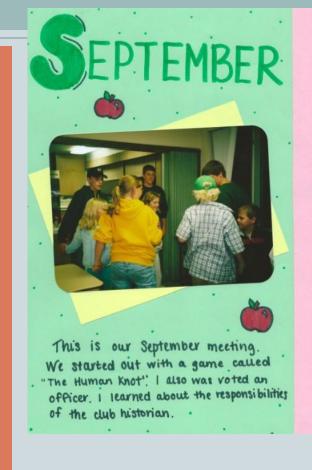
hat are 2 things you would e to learn in this project?	FINANC	IAL AGREEMENT			
e to learn in the project:	I have the following financial understanding with my parents for the costs involved in this project. u I pay for all expenses u My parents pay for all expenses u I borrow the money from my parents and pay them back. U Other				
	(Member's Signature)	Parent/Guardian Signature)			
	I primarily use these med	lia(s):			

Skills	Learned of	r improved	Skills	Learned or improved		
SKIIIS	This year	Past years		This year	Past years	
Understand rhythm			Finishing			
Understand proportion			Know care for item			
Understand emphasis			Solve problems			
Understand balance			Evaluate own work			
Use shape			History of your media			
Use texture			Attend a art/craft fair			
Use color			Visit gallery/museum			
Design own art			Try new media/idea			
Choose materials		10	Marketing crafts		(0)	

ı	Describe	classes,	workshops or	learning	experiences	(Inc.	help	from	others

Photo Pages

- List what the member learned or "aha" moments as captions for the photos included
- Possible Page Ideas:
 - Club Meetings
 - Fair Events or Projects
 - Community Service
 - Working on Fair Projects
 - Recreation Activities
 - County Events





Judging Form

- Judges from out of the county score record books for top county awards based on this rubric
- Think about what the judge will be evaluating you on
- Keep in mind that neatness and completeness matters when filling out record book pages

Record Book Evaluation and Rating Sheet

Member Name: Poor Good Best Score Comments Table of Contents Complete - but Complete - Accurate material not correct or 0 -1 Points 2-3 Points 4-5 Points Member Have one - but no Complete - Accurate Introduction Page and neat. None, Incomplete 0-1 Points 2-3 Points 4-5 Points Some club and county Completely filled out **Activity Summary** Incomplete activities noted for all years in 4-H. 0-1 Points 2-3 Points 4-5 Points

Completely filled out

Completely filled out

for this year -shows

Complete-Goals

listed and explained

Complete-financial

Signed throughout

Very involved in

Projects and Exhibits

Lots of Knowledge

and Application of

Project Facts

expenses/profit

member's

4-5 Points

for all years in 4-H

Projects I've

Carried

paper.

goals)

Incomplete-

0-1 Points Project Forms:

Incomplete 0-1 Points

Incomplete

0-1 Points

My 4-H Year in

Review**This can

be this form or as a

separate sheet of

Project Forms: Goals(at least two

Financial Records

Missing /Incomplete 0-1 Points

Parent/Guardian

Project Content Participation

Little or No Work

Project Learning

Shows little gain of

Revised November 5, 2021

0-1 Points

knowledge

0-1 Points

Signatures

list of activities on a

Some projects listed

2-3 Points

Somewhat complete doesn't show all the

activities, demos, and

Goals listed but not

explained

2-3 Points

information provided

Some - but not for

every financial agreement/ intro page

2-3 Points

1-3 Points

Some Project

Participation

2-3 Points

2-3 Points

Some New Project

Information Gained

Each individual project form should be followed by photos/drawings

offices.

listed between this gray line and the next gray line:

Some financial

Record Book Evaluation and Rating Sheet

Poor	Good	Best	Score	Comments
Project Worth Members sees little value in this project 0-1 Points	Member sees some value in his/her project work 2-3 Points	Sees great value in this project and would suggest it to a friend		
Photos or Drawings of Exhibits Few or no exhibits displayed 0-1 Points	Some Project Work and Successes Displayed 2-3 Points	Complete—Accurate and neat. Includes member's exhibits and "Aha" moments. 4-5 Points		
Neatness & Completeness – Based on age of member, Complete sentences. Clean bages, spelling and grammar 0-5 Points	Quite neat, few grammar errors. 6-12 Points	Neat, accurate, quality work for age of member. 13-15 Points		
Activities Additional pages showing participation in monthly meetings, recreation, rommunity service, rounty events, etc. normplete 0-2 Points	Some photos and activities displayed. 3-7 Points	Complete—Photos and captions that explain the member's yearly activities. 8-10 Points		
Overall Presentation, 2" binder icomplete, quickly finished, binder larger than 2", not in order of evaluation sheet 0-5 Points	Some effort exhibited, some pages not in order of this evaluation sheet 6-12 Points	Creative, colorful and appealing, 2" or smaller binder, book follows order of this evaluation sheet 13-15 Points		

TOTAL:

Helpful Hints

- Take pictures throughout the year at 4-H events and fair projects to include in your record book
- Save your record book from the past year to use as an example to follow
- Start early in the year by filling out goals and member information, so you are not swamped in the fall
- Save club or project meeting agendas to remember events
- Use a binder and three-hole punch to organize record book

- Complete all blanks even if you just write N/A
- Proofread pages before turning in record book for judging
- Get creative to show off your style and make your record book stand out from the others
- Double check that all parent signatures are filled in on forms
- Record books are usually due to your Club leader September to October each year
 - o Check with your 4-H club leader for specific dates